

●基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by year and gender.

1 体格及び体力・運動能力調査結果平均値

Table of physical fitness survey results (体格及び体力・運動能力調査結果平均値) including height, weight, and fitness test scores.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results (生活・運動習慣等調査結果) showing participation in sports and daily exercise.

Table of eating habits and sleep survey results (朝食の有無, 1日睡眠時間, テレビ時間).

Table of detailed sports activities and time spent (運動実施状況詳細, 運動実施, 運動時間平均).

Table of locations for sports activities (放課後運動するところ, 土曜日運動するところ, 日曜日運動するところ).

Table of sports frequency and intensity (土曜日の運動状況, 土曜日回数, 土曜日時間平均, 日曜日の運動状況, 日曜日回数, 日曜日時間平均).

Table of sports preferences and attitudes (運動好き嫌い, 運動得意不得意, 運動をもっとしたい).

3 学校質問紙調査結果

Table of school questionnaire survey results (学校質問紙調査結果) regarding school grounds, equipment, and sports programs.

区市町村別調査結果



●基礎情報

Table showing school counts and student numbers by grade level (1st to 6th grade) for elementary and middle schools.

1 体格及び体力・運動能力調査結果平均値

Table of average physical and athletic performance data, including height, weight, muscle strength, and endurance for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, including daily exercise frequency and duration for elementary and middle school students.

Table of eating habits and sleep patterns survey results, including breakfast consumption and daily sleep duration for elementary and middle school students.

Table of detailed sports participation data, including frequency of sports and average duration for elementary and middle school students.

Table of sports participation locations survey results, showing where students participate in sports for elementary and middle school students.

Table of sports participation frequency and duration survey results, detailing how often and for how long students participate in sports.

Table of sports participation preferences survey results, including favorite sports and reasons for participation for elementary and middle school students.

3 学校質問紙調査結果

Table of school questionnaire survey results, covering school facilities, equipment, and programs for elementary and middle schools.

区市町村別調査結果

●基礎情報

Table with columns for school type (小学校, 中学校), grade (1-6), and gender (男, 女). Rows show student counts for elementary and middle schools.

1 体格及び体力・運動能力調査結果平均値

Table showing physical characteristics (身長, 体重, 骨格) and physical fitness (握力, 50m走, etc.) for elementary and middle school students, categorized by gender and grade.

2 生活・運動習慣等調査結果

Table detailing sports participation (運動部所属, 運動実施状況) and daily exercise habits (1日運動時間) for elementary and middle school students.

Table showing breakfast habits (朝食の有無), sleep patterns (1日睡眠時間), and TV watching time (テレビ時間) for elementary and middle school students.

Table detailing sports participation (運動実施状況詳細) and average sports time (運動時間平均) for elementary and middle school students.

Table showing sports participation (運動好きかどうか) and sports participation (運動部活動) for elementary and middle school students.

Table showing sports participation (土曜日の運動状況) and sports participation (土曜日の運動状況) for elementary and middle school students.

Table showing sports participation (運動好きかどうか) and sports participation (運動部活動) for elementary and middle school students.

3 学校質問紙調査結果

Table showing school questionnaire results (グラウンドの材質, 体力向上に係る取組) for elementary and middle schools.

区市町村別調査結果

●基礎情報

Table showing school enrollment data for elementary and middle schools, categorized by grade level and gender.

1 体格及び体力・運動能力調査結果平均値

Table of average physical and athletic performance data for elementary and middle school students, including height, weight, and various physical tests.

2 生活・運動習慣等調査結果

Table of survey results on daily life and exercise habits, including frequency of exercise and daily activity duration.

Table of survey results on sleep patterns, including bedtime and sleep duration for elementary and middle school students.

Table of survey results on sports participation, including frequency of sports and participation in school sports.

Table of survey results on sports participation locations, including where students participate in sports.

Table of survey results on sports frequency and duration, including how often and for how long students exercise.

Table of survey results on sports preferences, including favorite sports and reasons for participating.

3 学校質問紙調査結果

Table of school questionnaire survey results, including information on school grounds, staff, and sports facilities.

区市町村別調査結果

●基礎情報

Table with 3 main columns: 小学校 (小学校在籍児童数), 中学校 (中学校在籍生徒数), and 学年 (1-6年).

1 体格及び体力・運動能力調査結果平均値

Table showing physical and athletic performance averages by gender (男子/女子) and school type (小学校/中学校).

2 生活・運動習慣等調査結果

Table showing lifestyle and sports habits survey results, including sports participation and daily activity.

Table showing meal habits, sleep patterns, and TV watching time.

Table showing detailed sports participation statistics, including frequency and duration.

Table showing sports participation locations and frequency.

Table showing weekend sports participation statistics.

Table showing sports preferences and reasons for participation.

3 学校質問紙調査結果

Table showing school questionnaire survey results regarding sports facilities and programs.

区市町村別調査結果

●基礎情報

Table showing school counts (schools, students) for elementary and middle schools across grades 1-6.

1 体格及び体力・運動能力調査結果平均値

Table of physical fitness survey results including height, weight, and endurance for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, including daily exercise and TV watching time.

Table of sleep habits survey results, including bedtime and sleep duration.

Table of sports participation survey results, including frequency and duration of sports activities.

Table of sports participation survey results, including frequency and duration of sports activities.

Table of sports participation survey results, including frequency and duration of sports activities.

Table of sports participation survey results, including frequency and duration of sports activities.

3 学校質問紙調査結果

Table of school questionnaire survey results regarding school grounds, physical education, and sports equipment.

区市町村別調査結果

●基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by grade level (1-6 years).

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic performance averages, including height, weight, and various physical tests (50m walk, standing long jump, etc.) for elementary and middle schools.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits, including frequency of exercise, daily exercise time, and participation in sports clubs.

Table of eating habits and sleep patterns, including breakfast consumption and daily sleep duration.

Table of sports participation details, including frequency of sports, types of sports, and average exercise time.

Table of sports participation locations, including frequency of sports at school, home, and other locations.

Table of sports participation frequency, including frequency of sports at school, home, and other locations.

Table of sports participation frequency, including frequency of sports at school, home, and other locations.

3 学校質問紙調査結果

Table of school questionnaire results, including information on school facilities, sports equipment, and physical education programs.

区市町村別調査結果



●基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by grade level (1st to 6th).

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic performance metrics including height, weight, BMI, and various physical tests (握力, 上体起こし, etc.) for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and exercise habits including participation in sports, daily exercise frequency, and television watching time.

Table of eating habits (朝食の有無) and sleep patterns (1日睡眠時間) for students.

Detailed table of exercise participation (運動実施状況) and average exercise time (運動時間平均) by school type and grade.

Table of exercise locations (放課後運動するところ) and daily exercise spots (日曜日に運動するところ).

Table of weekend exercise status (土曜日の運動状況) and frequency (土曜日回数) for students.

Table of exercise enjoyment (運動好き嫌い) and motivation (運動意欲) among students.

3 学校質問紙調査結果

Table of school questionnaire results regarding playground materials, physical education curriculum, and teacher responses.

区市町村別調査結果

●基礎情報

Table with columns for school type (小学校, 中学校), grade (1-6), and student counts for elementary and middle schools.

1 体格及び体力・運動能力調査結果平均値

Large table showing physical characteristics (height, weight, etc.) and physical fitness test results (50m run, etc.) for elementary and middle schools across grades 1-6.

2 生活・運動習慣等調査結果

Table showing daily activity patterns, including walking/biking to school, daily exercise, and TV watching habits.

Table showing breakfast habits (朝食の有無) and daily sleep patterns (1日睡眠時間) for elementary and middle schools.

Table showing detailed daily exercise patterns (運動実施状況) and average daily exercise time (運動時間平均).

Table showing locations of daily exercise (1日運動するところ) for elementary and middle schools.

Table showing frequency of daily exercise (1日運動回数) and average daily exercise time (1日運動時間平均).

Table showing exercise preferences (運動好き嫌い) and reasons for not exercising (運動嫌いな理由).

3 学校質問紙調査結果

Table showing survey results on school grounds (グラウンドの材質), physical education curriculum, and extracurricular activities.

区市町村別調査結果