

●基礎情報

Table showing school counts (小学校数, 中学校数) and student enrollment (小学生数, 中学生数) by grade level (1-6 years) and gender (男, 女).

1 体格及び体力・運動能力調査結果平均値

Table of average physical and athletic performance data. Columns include sex (性別), school type (校種), grade (学年), age (年齢), height (身長), weight (体重), etc. It is divided into male (男子) and female (女子) sections.

2 生活・運動習慣等調査結果

Table of lifestyle and exercise habits. Columns include school type (校種), grade (学年), gender (性別), and frequency of activities like walking, cycling, and sports.

Table of sleep patterns and TV watching habits. Columns include school type (校種), grade (学年), gender (性別), and frequency of sleeping and watching TV.

Table of exercise frequency and duration. Columns include school type (校種), grade (学年), gender (性別), and frequency/duration of various exercises.

Table of exercise locations. Columns include school type (校種), grade (学年), gender (性別), and frequency of exercising in various locations like sports fields, parks, etc.

Table of weekend exercise habits. Columns include school type (校種), grade (学年), gender (性別), and frequency of exercising on weekends.

Table of exercise preferences. Columns include school type (校種), grade (学年), gender (性別), and preferences for different types of exercises.

3 学校質問紙調査結果

Table of school questionnaire results. Columns include school type (校種), gender (性別), and responses to questions about physical education and facilities.

区市町村別調査結果

●基礎情報

Table showing school counts by level (Elementary, Middle) and grade (1st-6th).

1 体格及び体力・運動能力調査結果平均値

Large table of physical characteristics and fitness metrics for elementary and middle school students, including height, weight, and various fitness tests.

2 生活・運動習慣等調査結果

Table detailing daily sports participation, duration, and frequency of sports activities.

Table detailing leisure time usage, including watching TV, reading, and other activities.

Table detailing sports equipment usage and participation in various types of sports.

Table detailing sports participation frequency and location (school, home, etc.).

Table detailing the frequency of physical activity and the number of days spent exercising.

Table detailing preferences for sports, reasons for participating, and interest in physical activity.

3 学校質問紙調査結果

Table detailing school equipment usage (playground, sports equipment) and the frequency of sports equipment.

区市町村別調査結果

●基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by grade level (1st to 6th).

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic performance metrics including height, weight, BMI, lung capacity, and endurance for elementary and middle school students.

2 生活・運動習慣等調査結果

Table detailing daily life and exercise habits, including frequency of exercise, duration, and participation in sports.

Table showing breakfast consumption patterns and daily sleep duration for elementary and middle school students.

Table detailing exercise frequency and duration, categorized by gender and school level.

Table showing the frequency of physical activity and participation in organized sports.

Table detailing the frequency of walking and cycling, and the number of days spent walking or cycling.

Table showing the frequency of walking and cycling, and the number of days spent walking or cycling.

3 学校質問紙調査結果

Table showing survey results regarding school facilities, equipment, and physical education programs.

●基礎情報

Table with 3 main columns: 小学校数(校), 小学校在籍児童数(人) (1-6 years), 中学校在籍生徒数(人) (1-3 years).

1 体格及び体力・運動能力調査結果平均値

Table showing physical and fitness survey results by gender and school level. Columns include: 性別, 校種, 学年, 人数, 体格 (身長, 体重, 座高), 運動能力 (握力, 上体起こし, etc.), 体力合計点, 総合評価.

2 生活・運動習慣等調査結果

Table showing lifestyle and sports habits survey results. Columns include: 校種, 学年, 運動部所属率, 運動実施状況, 1日運動時間.

Table showing lifestyle and sports habits survey results (continued). Columns include: 校種, 学年, 朝食の有無, 1日睡眠時間, テレビ時間.

Table showing detailed sports participation data. Columns include: 校種, 学年, 運動実施状況詳細, 運動実施, 運動時間平均.

Table showing sports participation data (continued). Columns include: 校種, 学年, 放課後運動するところ, 土曜日に運動するところ, 日曜日に運動するところ.

Table showing sports participation data (continued). Columns include: 校種, 学年, 土曜日の運動状況, 土曜日回数, 土曜日の運動時間平均, 日曜日の運動状況, 日曜日回数.

Table showing sports participation data (continued). Columns include: 校種, 学年, 運動好き率, 運動得意不得意, 運動をもっとたい.

3 学校質問紙調査結果

Table showing school questionnaire survey results. Columns include: 校種, 土・砂, 天然芝, 人工芝, 天然芝・人工芝の比率, 体力向上に係る取組, etc.

区市町村別調査結果

●基礎情報

Table showing school counts (小学校数, 中学校数) and student numbers (小学生数, 中学生数) by grade level (1st to 6th grade).

1 体格及び体力・運動能力調査結果平均値

Table of average physical and athletic performance data, including height, weight, lung capacity, and various physical tests for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits, including participation in sports clubs, daily exercise frequency, and daily activity duration.

Table of eating habits and sleep patterns, including frequency of eating, daily sleep duration, and TV watching time.

Table of detailed sports participation, including frequency of sports activities and average duration of sports sessions.

Table of sports participation locations, detailing where students engage in sports activities.

Table of sports participation frequency and duration, including weekly sports frequency and average weekly duration.

Table of sports participation interest, including interest in sports and willingness to participate in sports.

3 学校質問紙調査結果

Table of school questionnaire results, covering school facilities, physical education curriculum, and specific physical education activities.

●基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by grade level (1st to 6th grade).

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic performance averages, including height, weight, BMI, and various physical tests like 50m walk and sit-ups.

2 生活・運動習慣等調査結果

Table of lifestyle and exercise habits, including participation in sports clubs and frequency of exercise.

Table of TV watching habits, categorized by gender and time spent watching.

Table of exercise frequency and duration, detailing how often and for how long students exercise.

Table of exercise locations, showing where students prefer to exercise.

Table of exercise frequency and duration, including a breakdown of exercise intensity and frequency.

Table of exercise preferences, including enjoyment of exercise and reasons for participating.

3 学校質問紙調査結果

Table of school questionnaire results, covering school environment, physical education, and extracurricular activities.

区市町村別調査結果

●基礎情報

Table showing school counts (schools, students) for elementary and middle schools across grades 1-6.

1 体格及び体力・運動能力調査結果平均値

Table of physical fitness and sports ability survey results, including height, weight, and various physical tests.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, including daily exercise frequency and duration.

Table of eating habits and TV watching time survey results, including breakfast frequency and screen time.

Table of sports participation survey results, including frequency and duration of various sports activities.

Table of sports participation locations survey results, showing where students participate in sports.

Table of weekend sports participation survey results, including frequency and duration of weekend activities.

Table of sports preferences survey results, showing which sports students like and dislike.

3 学校質問紙調査結果

Table of school questionnaire survey results, covering school grounds, equipment, and sports facilities.

区市町村別調査結果

●基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by grade level (1st to 6th grade) for elementary and middle schools.

1 体格及び体力・運動能力調査結果平均値

Table of average physical and athletic performance data. Columns include gender, school type, grade, and various metrics like height, weight, chest circumference, and athletic test results.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits. Columns include school type, grade, and categories such as sports participation, daily exercise, and meal habits.

Table of meal habits and sleep patterns. Columns include school type, grade, and categories like meal frequency, sleep duration, and screen time.

Table of sports participation and activity levels. Columns include school type, grade, and categories like sports participation, daily exercise, and activity duration.

Table of sports participation locations. Columns include school type, grade, and categories like sports participation, daily exercise, and activity duration.

Table of sports participation frequency and duration. Columns include school type, grade, and categories like sports participation, daily exercise, and activity duration.

Table of sports participation frequency and duration. Columns include school type, grade, and categories like sports participation, daily exercise, and activity duration.

3 学校質問紙調査結果

Table of school questionnaire results. Columns include school type, grade, and categories like playground materials, physical education curriculum, and sports equipment.

区市町村別調査結果



●基礎情報

Table showing school counts (schools, students) by grade level (1st to 6th) and gender (male/female).

1 体格及び体力・運動能力調査結果平均値

Table of average physical and athletic performance data, including height, weight, lung capacity, and various physical tests for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits, including participation in sports clubs, frequency of exercise, and daily activity time.

Table of eating habits, sleep patterns, and television viewing time for elementary and middle school students.

Table of detailed sports participation statistics, including frequency and duration of various sports activities.

Table of locations where students engage in sports and physical activity, categorized by gender and school level.

Table of weekend activity statistics, including frequency of sports and leisure activities during weekends.

Table of sports preferences, including favorite sports, reasons for liking them, and interest in participating.

3 学校質問紙調査結果

Table of school questionnaire results, covering playground equipment, physical education curriculum, and sports facilities.

区市町村別調査結果

●基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by school type and grade level.

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic performance averages, including height, weight, and various physical tests for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits, including participation in sports, daily exercise, and TV watching habits.

Table of eating habits, including frequency of eating and drinking, and daily exercise patterns.

Table of sports participation, including frequency of sports, types of sports, and average sports participation time.

Table of daily exercise locations, including frequency of exercise at school, home, and other locations.

Table of sports frequency, including frequency of sports, types of sports, and average sports participation time.

Table of sports preferences, including interest in sports, reasons for participation, and desired sports activities.

3 学校質問紙調査結果

Table of school questionnaire results, including school facilities, teacher training, and physical education programs.

区市町村別調査結果