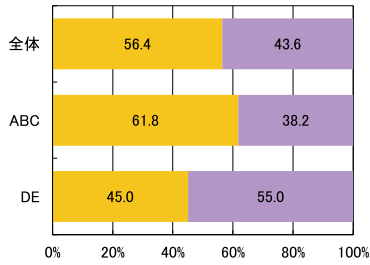

參考資料

総合評価ABC層とDE層の生活・運動習慣等調査結果の比較

【男子】

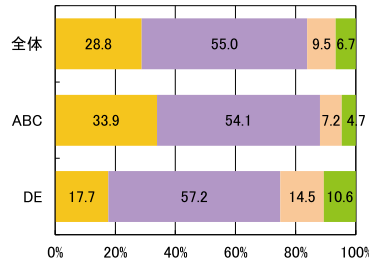
[質問3] 運動部や地域スポーツクラブへの所属状況

■入っている ■入っていない



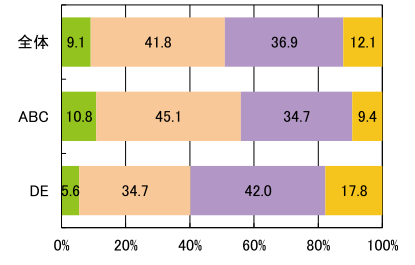
[質問4] 運動スポーツの実施状況

■ほとんど毎日 ■ときどき
■ときたま ■しない

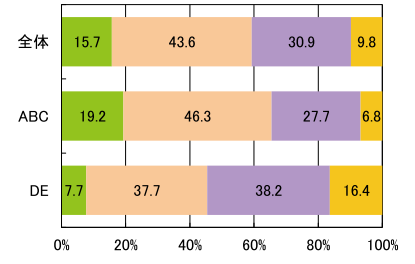
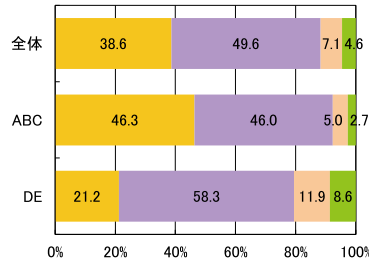
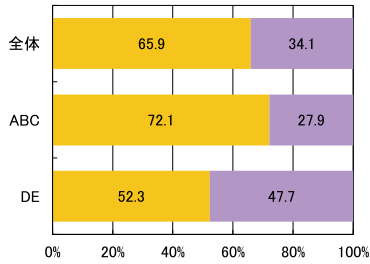


[質問5] 1日の運動・スポーツ実施時間

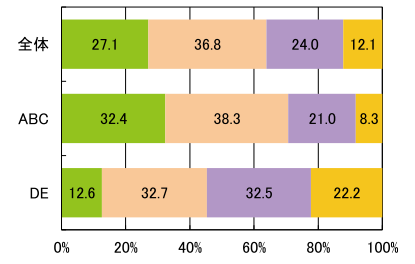
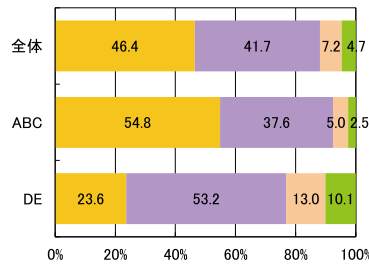
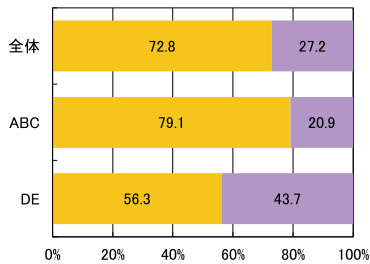
■2時間以上 ■1-2時間
■30分-1時間 ■30分未満



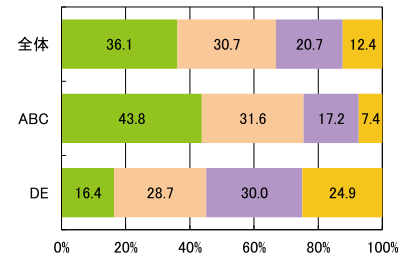
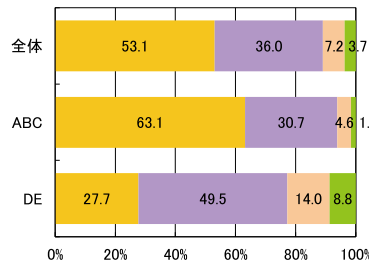
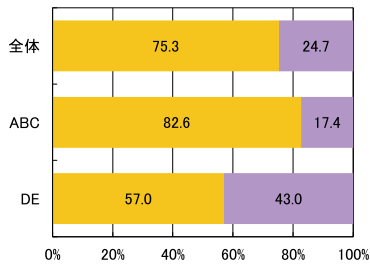
小学1年男子



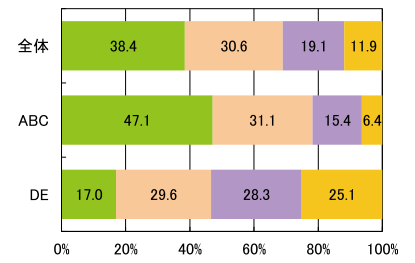
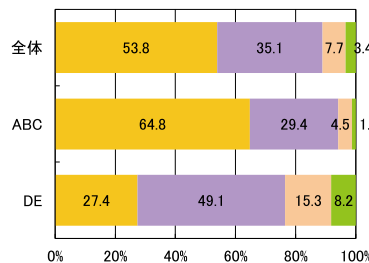
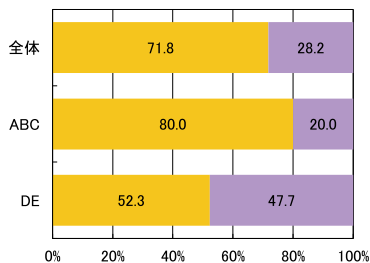
小学2年男子



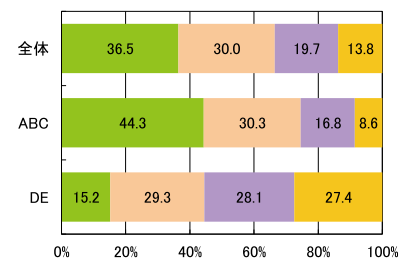
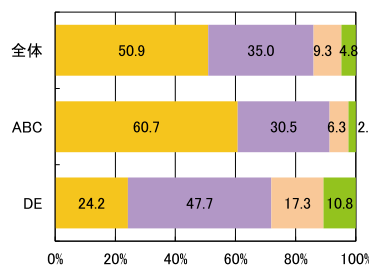
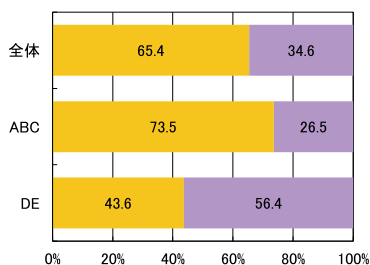
小学3年男子



小学4年男子

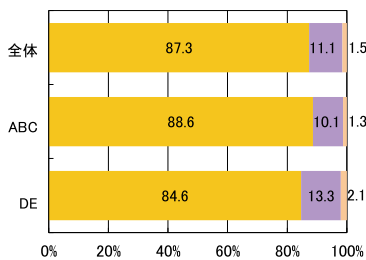
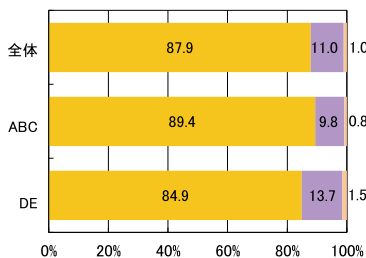
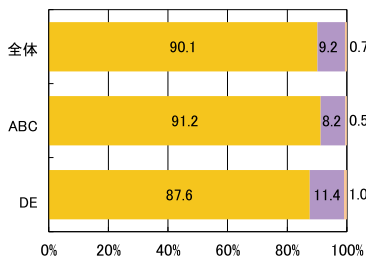
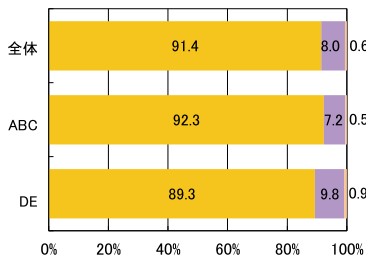
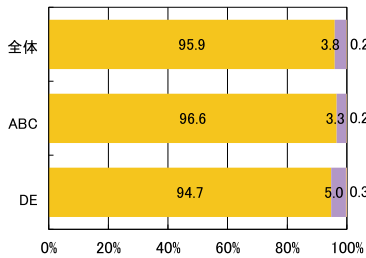
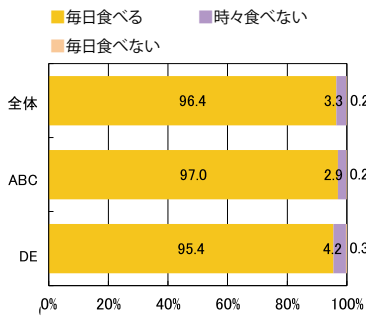


小学5年男子

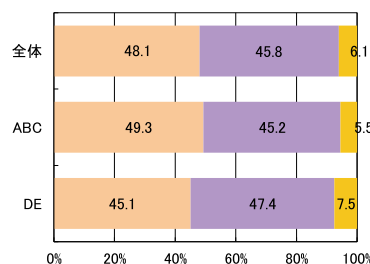
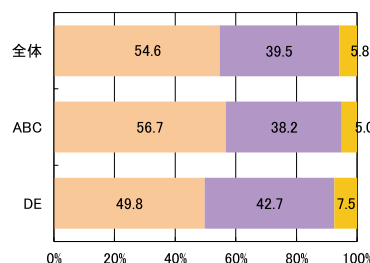
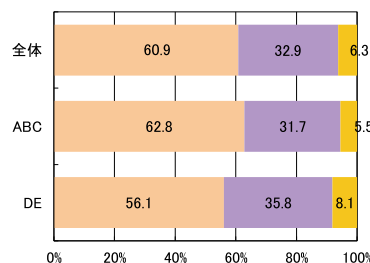
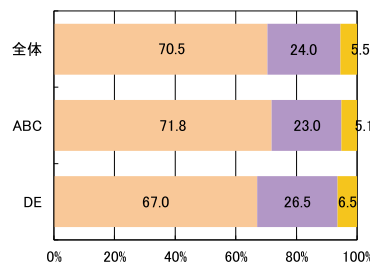
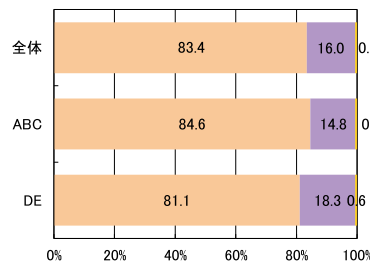
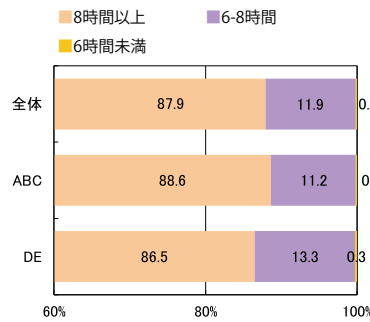


小学6年男子

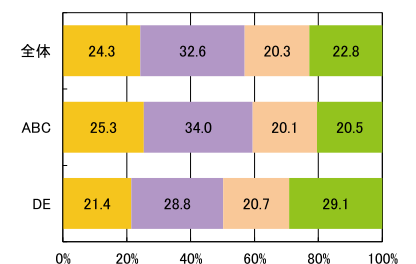
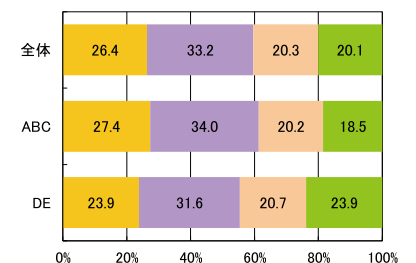
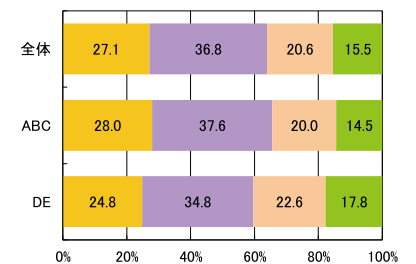
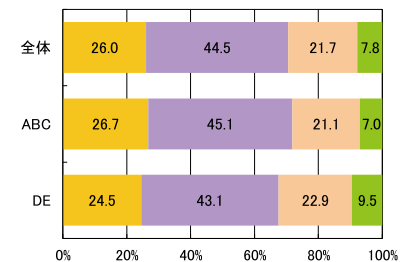
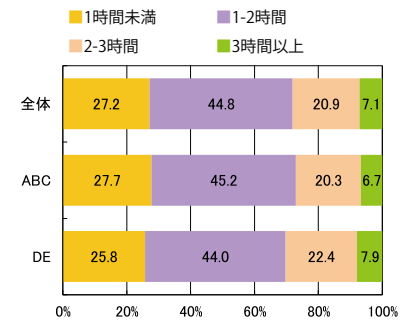
[質問6]朝食の有無



[質問7]1日の睡眠時間



[質問9]1日のテレビの視聴時間(テレビゲームを含む)



【女子】

【質問3】運動部や地域スポーツクラブへの所属状況

■入っている ■入っていない

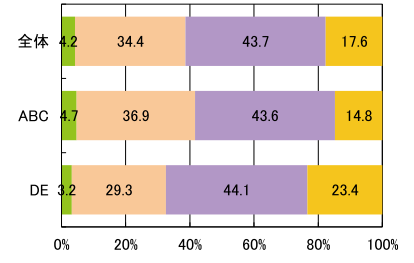
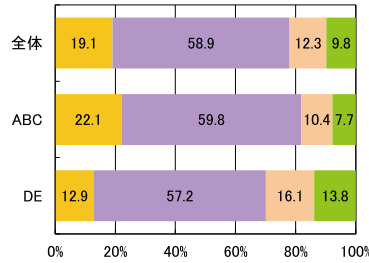
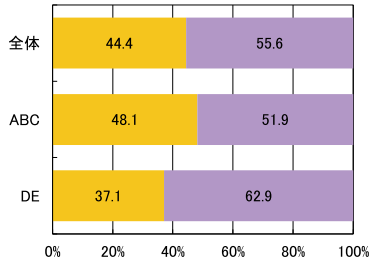
【質問4】運動スポーツの実施状況

■ほとんど毎日 ■ときどき
■ときたま ■しない

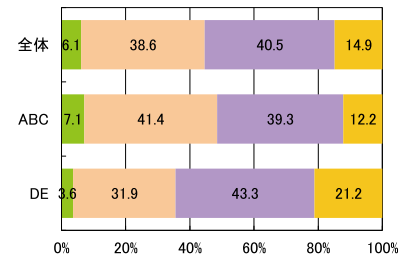
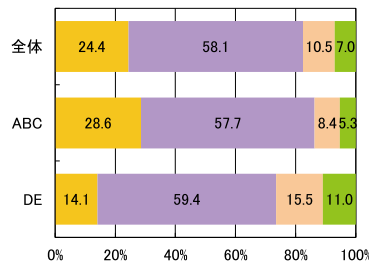
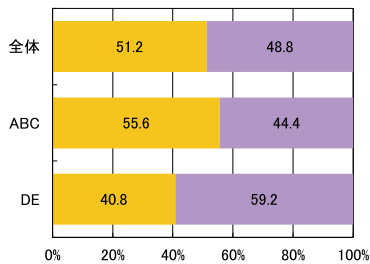
【質問5】1日の運動・スポーツ実施時間

■2時間以上 ■1-2時間
■30分-1時間 ■30分未満

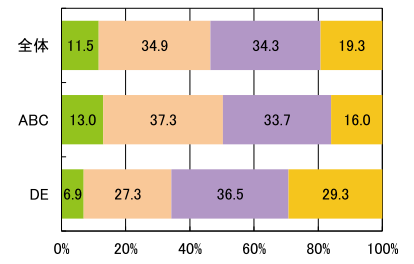
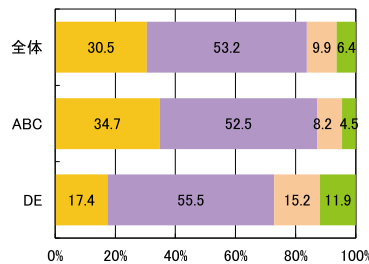
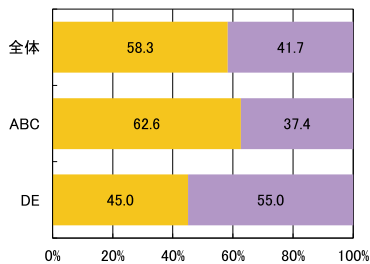
小学1年
女子



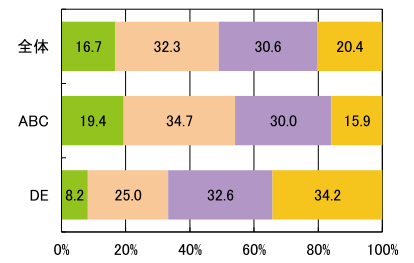
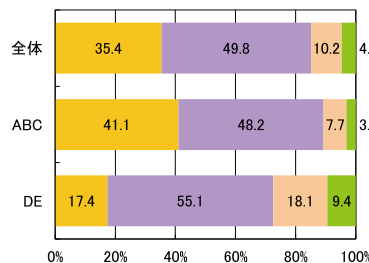
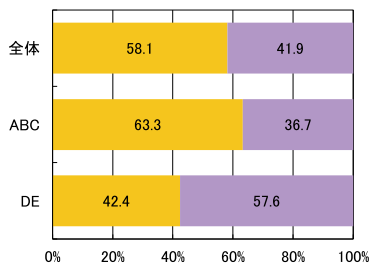
小学2年
女子



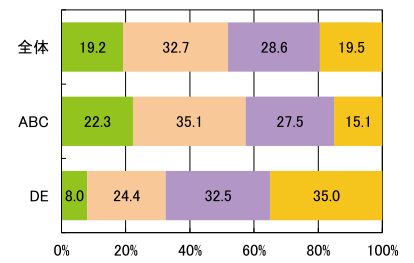
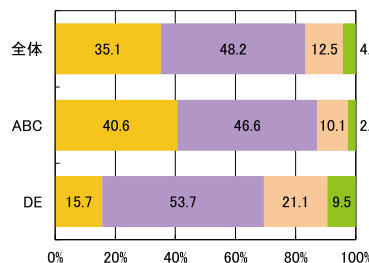
小学3年
女子



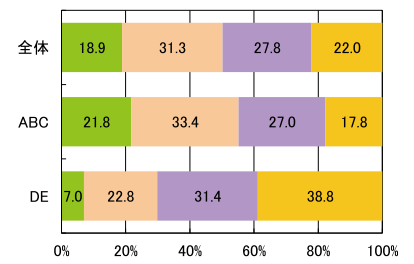
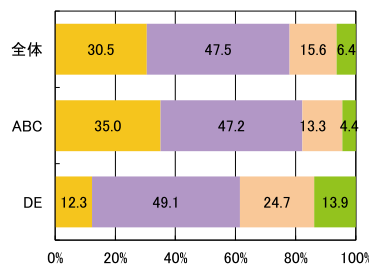
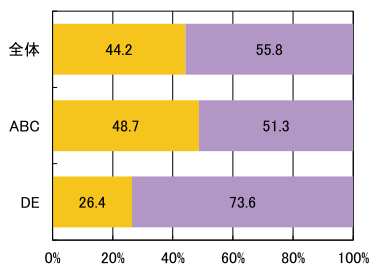
小学4年
女子



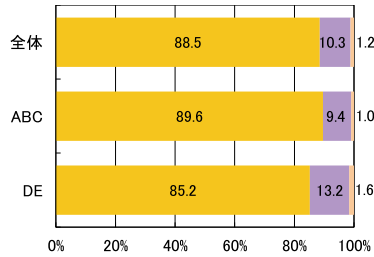
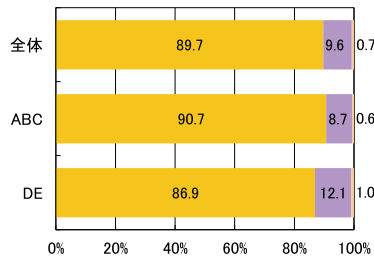
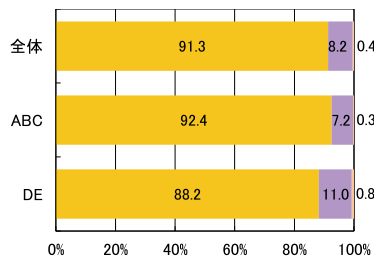
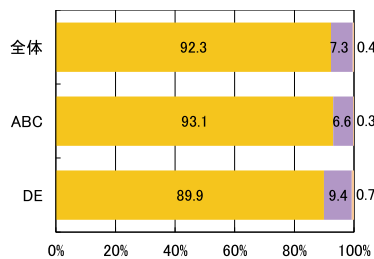
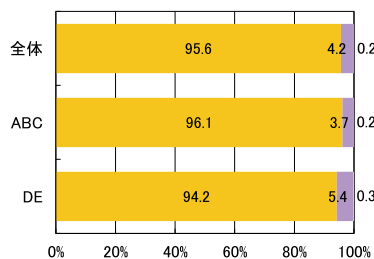
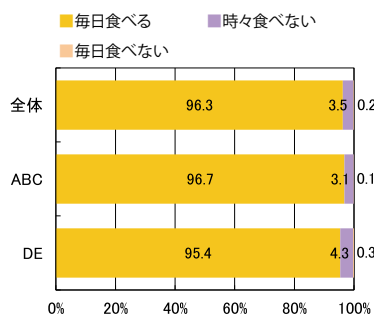
小学5年
女子



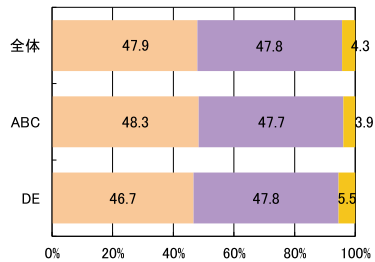
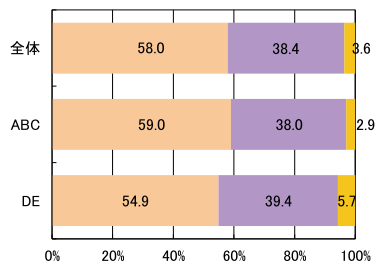
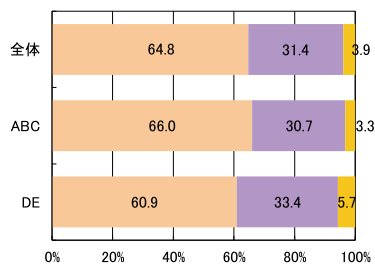
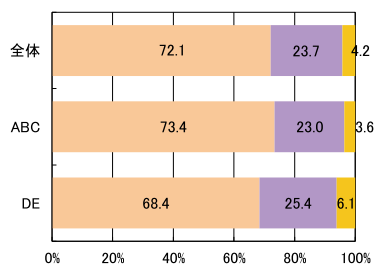
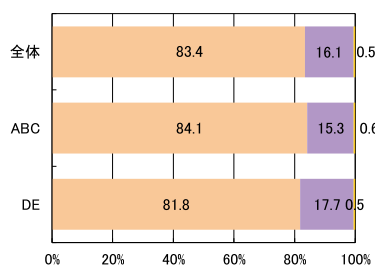
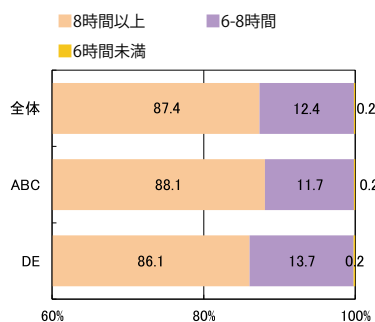
小学6年
女子



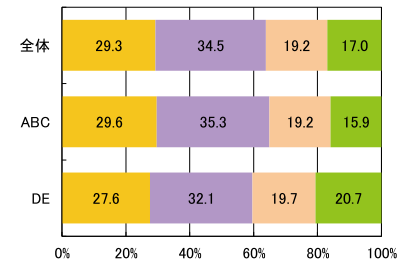
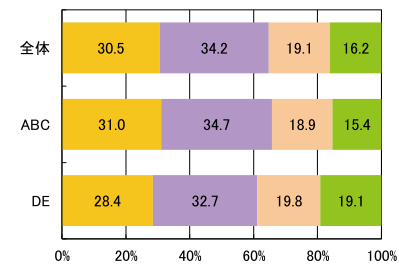
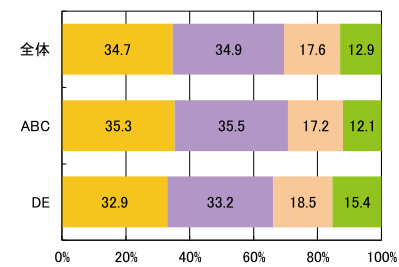
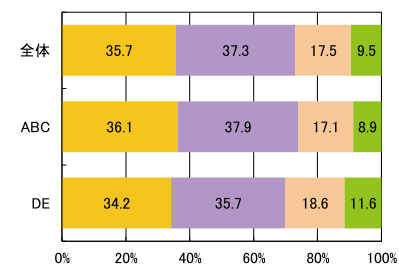
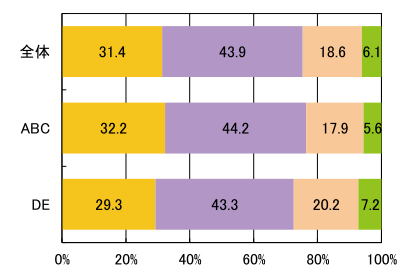
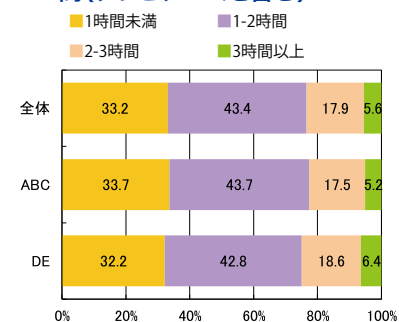
[質問6]朝食の有無



[質問7]1日の睡眠時間



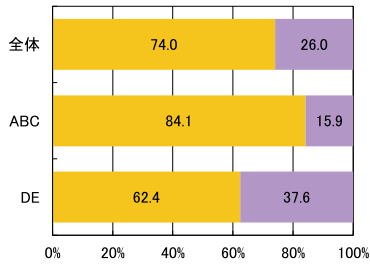
[質問9]1日のテレビの視聴時間(テレビゲームを含む)



【男子】

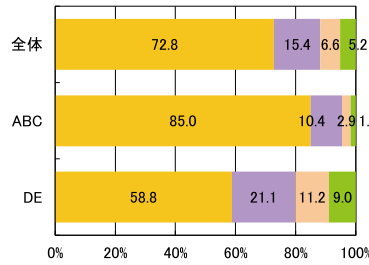
【質問3】運動部や地域スポーツクラブへの所属状況

■入っている ■入っていない



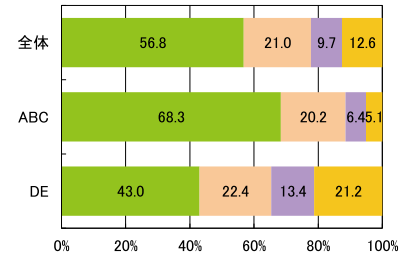
【質問4】運動スポーツの実施状況

■ほとんど毎日 ■ときどき
■ときたま ■しない

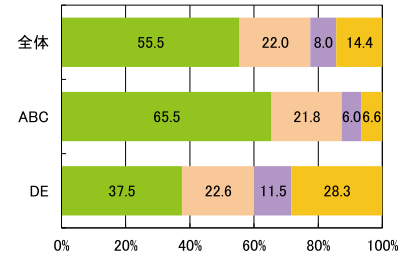
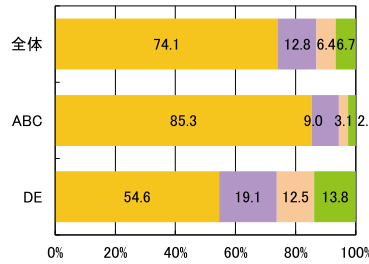
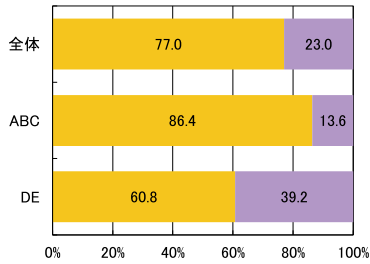


【質問5】1日の運動・スポーツ実施時間

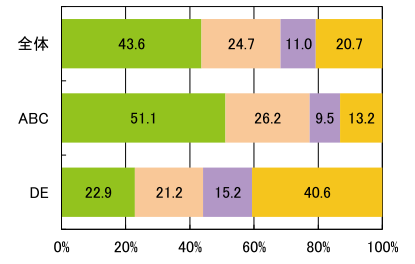
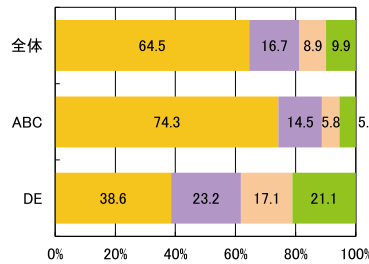
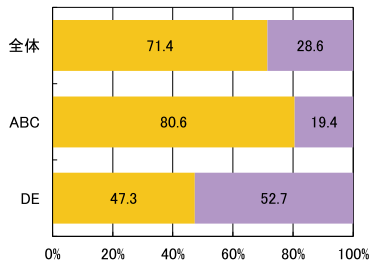
■2時間以上 ■1-2時間
■30分-1時間 ■30分未満



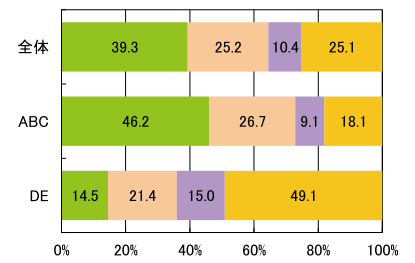
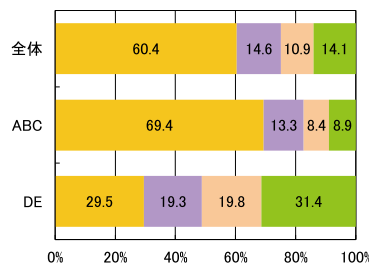
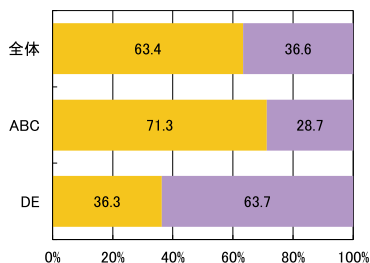
中学1年男子



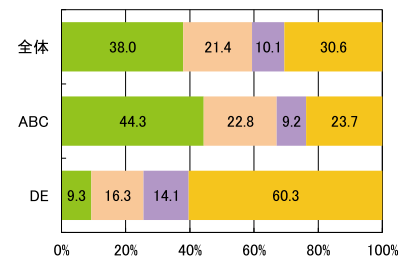
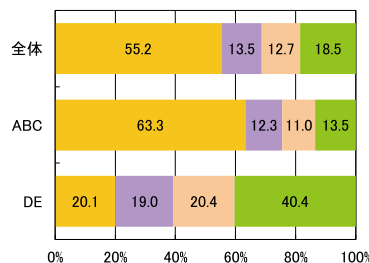
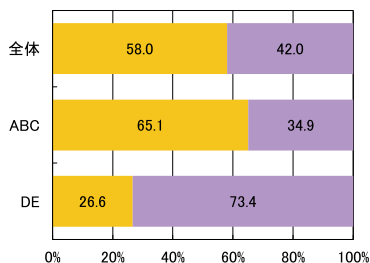
中学2年男子



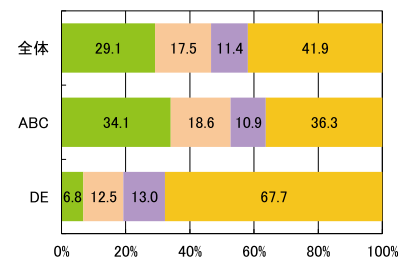
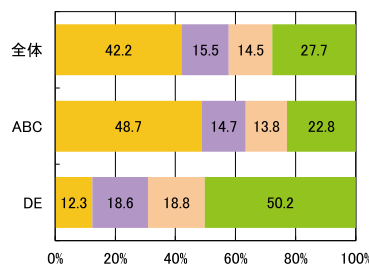
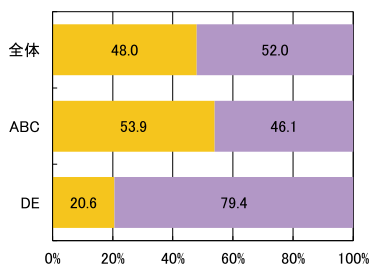
中学3年男子



高校1年男子

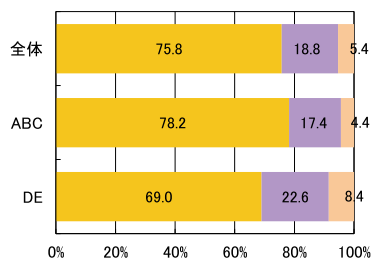
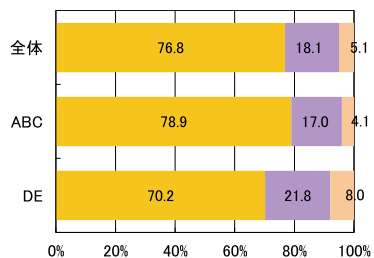
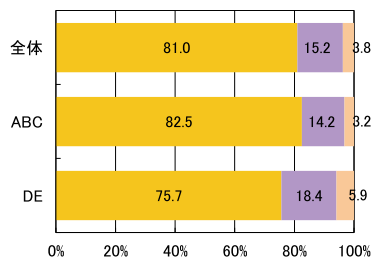
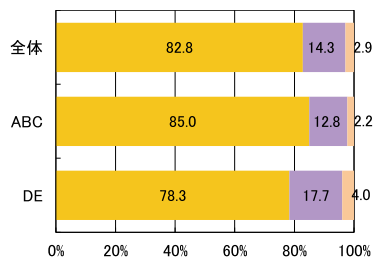
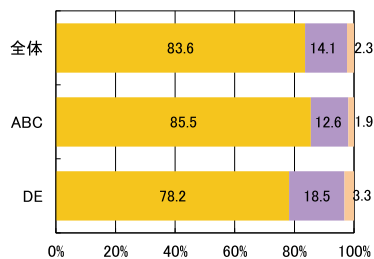
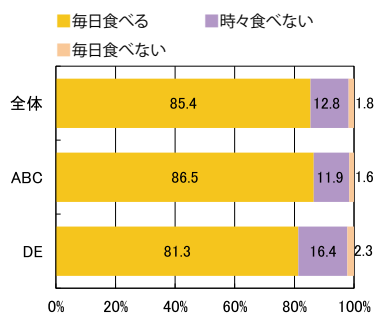


高校2年男子

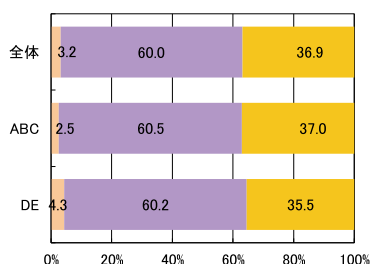
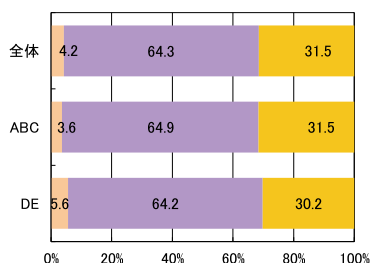
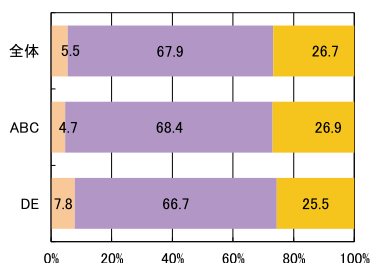
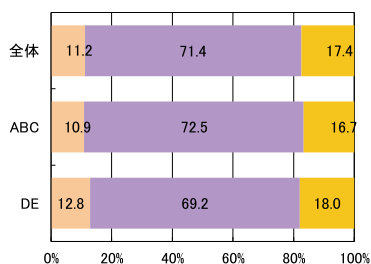
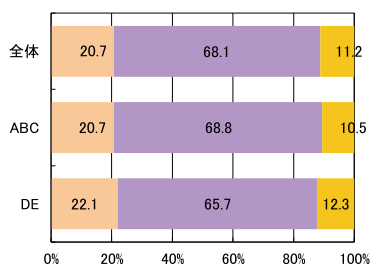
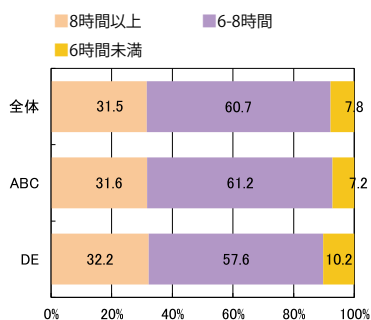


高校3年男子

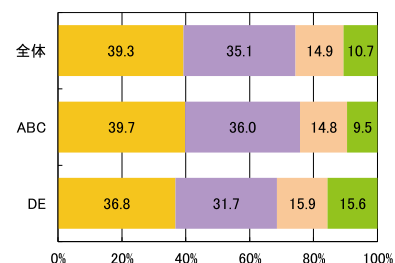
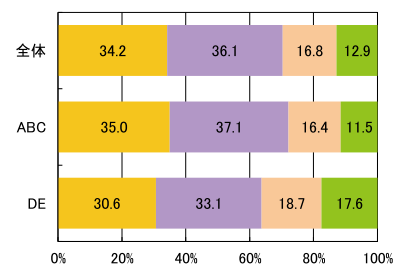
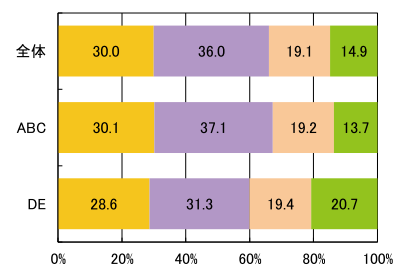
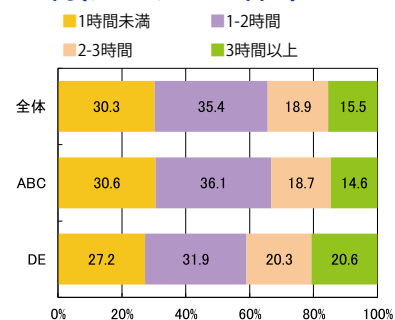
【質問6】朝食の有無



【質問7】1日の睡眠時間



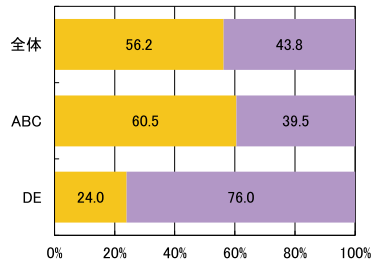
【質問9】1日のテレビの視聴時間(テレビゲームを含む)



【女子】

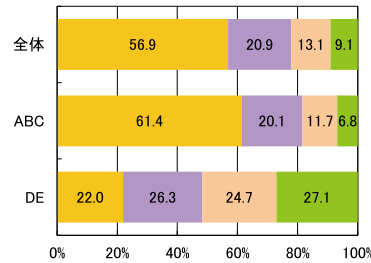
【質問3】運動部や地域スポーツクラブへの所属状況

■入っている ■入っていない



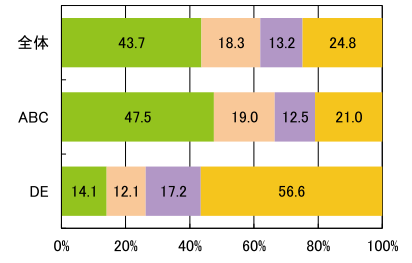
【質問4】運動スポーツの実施状況

■ほとんど毎日 ■ときどき
■ときたま ■しない



【質問5】1日の運動・スポーツ実施時間

■2時間以上 ■1-2時間
■30分-1時間 ■30分未満



中学1年
女子

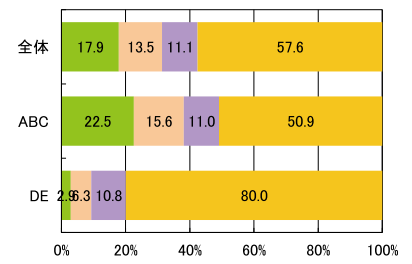
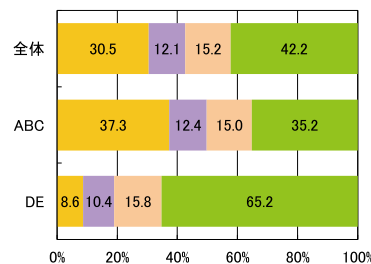
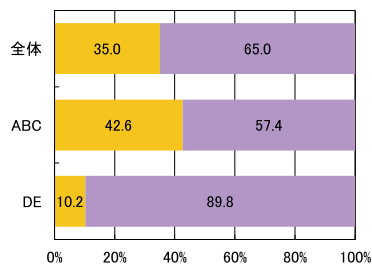
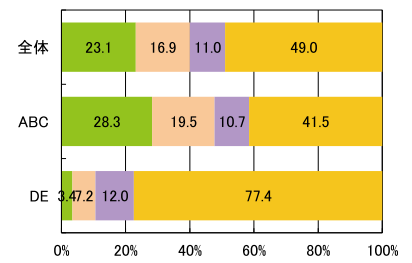
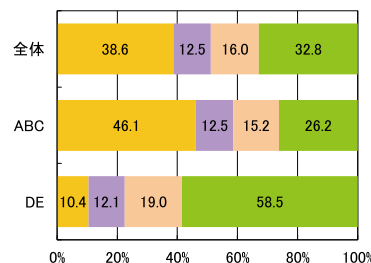
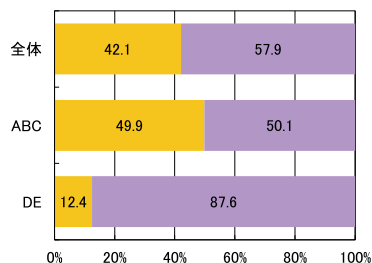
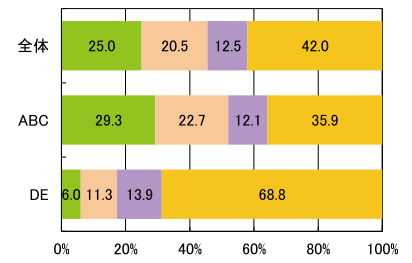
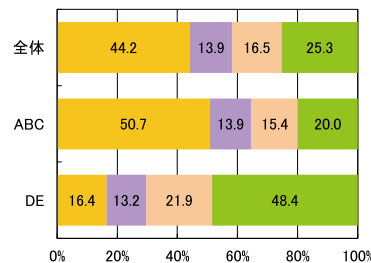
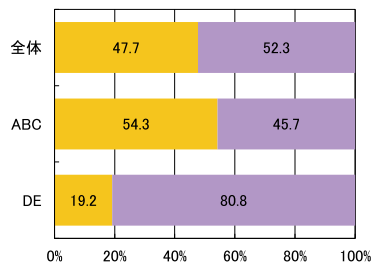
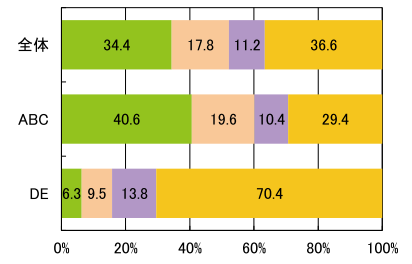
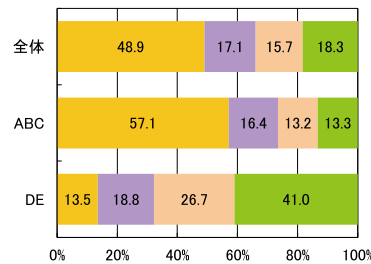
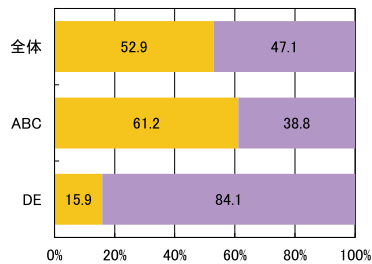
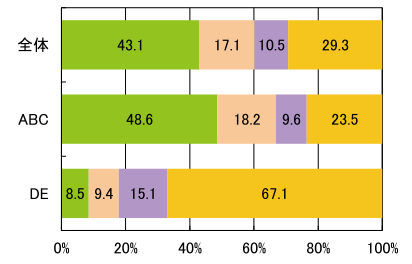
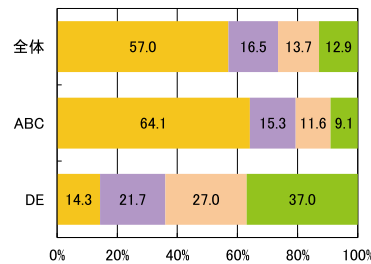
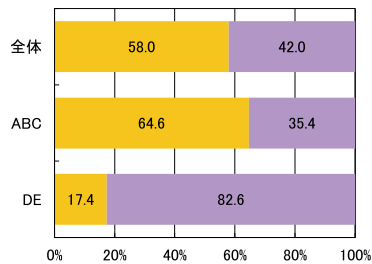
中学2年
女子

中学3年
女子

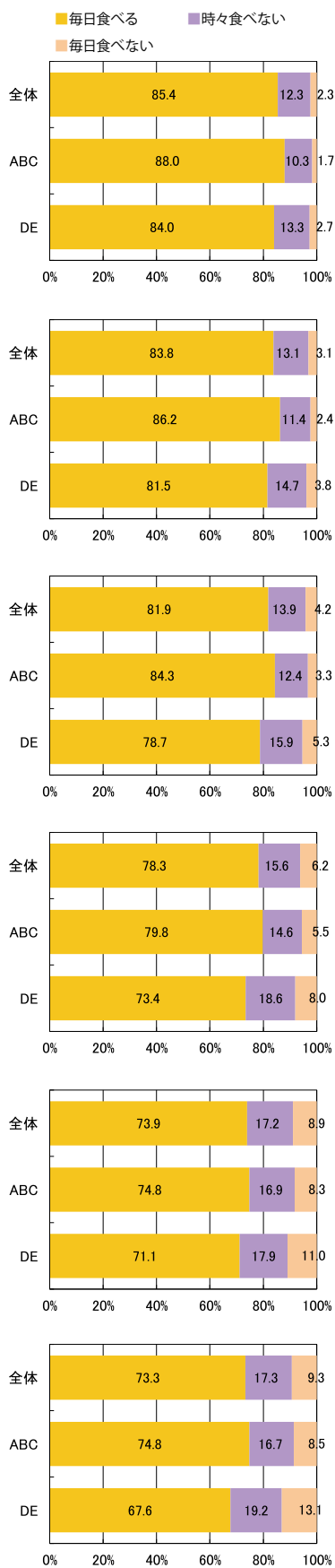
高校1年
女子

高校2年
女子

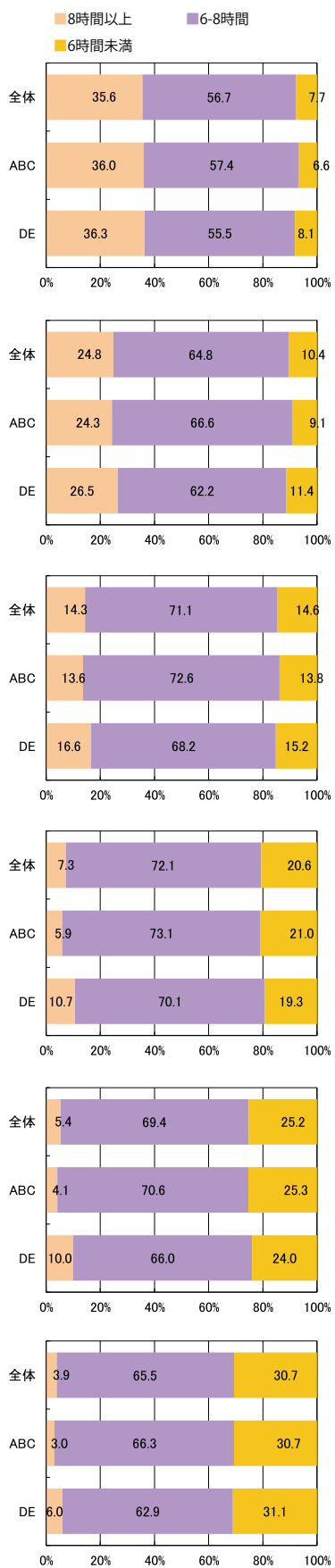
高校3年
女子



[質問6] 朝食の有無



[質問7] 1日の睡眠時間



[質問9] 1日のテレビの視聴時間 (テレビゲームを含む)

