

● 基礎情報

Table showing school counts and student numbers for elementary and middle schools in 2019, categorized by grade level (1st to 6th).

1 体格及び体力・運動能力調査結果平均値

Large table detailing physical fitness and sports ability survey results, including metrics like height, weight, and various physical tests for elementary and middle school students.

2 生活・運動習慣等調査結果

Table showing survey results on living and sports habits, including participation in sports, frequency of exercise, and daily activity levels.

Table detailing eating habits and television viewing time, including frequency of eating and daily TV watching duration.

Table showing sports participation and activity levels, including frequency of sports, duration of activities, and average time spent on sports.

Table detailing sports participation locations, including frequency of participation at different venues like sports centers and parks.

Table showing frequency of sports participation and daily activity levels, including how often students participate in sports and their daily activity patterns.

Table detailing sports preferences and information needs, including what types of sports students like and what information they need.

3 学校質問紙調査結果

Table showing school questionnaire survey results, including responses to questions about school facilities, sports equipment, and staff involvement.

区市町村別調査結果

● 基礎情報

Table showing school counts (number of schools and students) for elementary and middle schools across grades 1-6.

1 体格及び体力・運動能力調査結果平均値

Table of physical and sports ability survey results, including metrics like height, weight, muscle mass, and endurance for both male and female students across grade levels.

2 生活・運動習慣等調査結果

Table detailing lifestyle and sports habits, such as frequency of exercise, time spent in various activities, and TV watching.

Table showing the number of meals eaten, daily screen time (TV, video), and other lifestyle indicators.

Table detailing actual sports participation, including frequency of sports, types of sports, and duration of activity.

Table showing the locations where students typically engage in sports activities, categorized by school and gender.

Table detailing the frequency and duration of daily sports activities, including walking, cycling, and other outdoor activities.

Table showing the frequency and duration of walking and cycling, as well as other physical activities.

3 学校質問紙調査結果

Table of questionnaire results from schools regarding sports facilities, equipment, and programs.

● 基礎情報

Table showing school counts and student numbers by grade level (1st to 6th) and gender (Male/Female).

1 体格及び体力・運動能力調査結果平均値

Large table detailing physical fitness survey results, including measurements like height, weight, and endurance, categorized by gender and grade level.

2 生活・運動習慣等調査結果

Table showing survey results on living habits and exercise patterns, such as daily walking time and TV watching hours.

Table detailing breakfast eating habits and daily television viewing time across different grade levels.

Table providing detailed information on exercise frequency, duration, and intensity, including specific activities and time spent.

Table showing the percentage of students who exercise at various locations like sports fields, parks, and home.

Table detailing the frequency and duration of exercise on weekends and holidays.

Table showing survey results on students' preferences for sports and their reasons for participating or not.

3 学校質問紙調査結果

Table summarizing school questionnaire results regarding facility conditions, curriculum, and extracurricular activities.

区市町村別調査結果

● 基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by year (1st to 3rd year) for elementary and middle schools.

1 体格及び体力・運動能力調査結果平均値

Table of physical fitness and sports ability survey results, including body height, weight, muscle mass, and endurance metrics for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of survey results on lifestyle and sports habits, including daily exercise frequency and duration for elementary and middle school students.

Table of survey results on meal frequency and television viewing habits for elementary and middle school students.

Table of survey results on sports participation frequency and duration for elementary and middle school students.

Table of survey results on sports participation frequency and duration for elementary and middle school students, categorized by gender.

Table of survey results on sports participation frequency and duration for elementary and middle school students, categorized by gender and school type.

Table of survey results on sports participation frequency and duration for elementary and middle school students, categorized by gender and school type.

3 学校質問紙調査結果

Table of school questionnaire survey results, including information on playground equipment, sports facilities, and school activities.

● 基礎情報

Table showing school counts and student numbers by grade level (1st to 6th grade for elementary, 1st to 3rd for middle school).

1 体格及び体力・運動能力調査結果平均値

Table of physical fitness and sports ability survey results, including body height, weight, and various physical tests for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, including sports participation rates and daily exercise durations.

Table showing breakfast eating habits and television watching time for elementary and middle school students.

Table detailing sports participation frequency and average duration for elementary and middle school students.

Table showing the frequency of sports participation on weekends and during leisure time.

Table detailing the frequency of weekend sports participation and the number of days spent exercising.

Table showing sports preferences and the desire to participate in sports for elementary and middle school students.

3 学校質問紙調査結果

Table of school questionnaire survey results regarding playground equipment and physical education facilities.

区市町村別調査結果

● 基礎情報

Table showing school counts (schools, students) for elementary and middle schools across grades 1 to 6.

1 体格及び体力・運動能力調査結果平均値

Table of average physical and athletic performance data, including height, weight, and various physical tests for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits, including frequency of exercise, duration, and participation in sports clubs.

Table of sports club participation and daily exercise time, detailing membership and exercise frequency for elementary and middle school students.

Table of sports club participation details, including frequency of practice and duration of sessions for elementary and middle school students.

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Table of sports club participation details, including frequency of practice and duration of sessions for elementary and middle school students.

3 学校質問紙調査結果

Table of school questionnaire results, including responses to questions about physical education and sports facilities.

区市町村別調査結果

● 基礎情報

Table showing school counts (小学校数) and student counts (小学生数) by grade level (1st to 6th grade) for elementary schools and middle schools.

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic ability survey results, including height, weight, BMI, and various athletic performance metrics for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and exercise habits survey results, detailing daily exercise frequency, duration, and intensity for elementary and middle school students.

Table showing dietary habits (朝食の食費) and television viewing time (テレビ視聴時間) for elementary and middle school students.

Table detailing sports participation (運動実施状況) and average sports time (運動時間平均) for elementary and middle school students.

Table showing sports participation locations (競技後運動するところ) for elementary and middle school students.

Table showing sports participation frequency (土曜日の運動状況) and daily sports participation (日曜日の運動状況) for elementary and middle school students.

Table showing sports participation frequency (運動好き) and sports participation frequency (運動をもちたい) for elementary and middle school students.

3 学校質問紙調査結果

Table of school questionnaire survey results, covering school facilities, physical education curriculum, and sports-related activities.

区市町村別調査結果





● 基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by grade level (1st to 6th grade).

1 体格及び体力・運動能力調査結果平均値

Table of physical fitness and sports ability survey results, including metrics like height, weight, lung capacity, and endurance for both elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, detailing frequency of exercise, TV watching, and eating habits.

Table of eating habits survey results, including frequency of eating and drinking habits.

Table of sports participation survey results, including frequency of participation in various sports.

Table of sports participation survey results, including frequency of participation in various sports.

Table of sports participation survey results, including frequency of participation in various sports.

Table of sports participation survey results, including frequency of participation in various sports.

3 学校質問紙調査結果

Table of school questionnaire survey results, including responses to questions about physical education and sports facilities.

区市町村別調査結果

