

## Protecting Children from Lightning

To prevent damage caused by lightning, the actions that teachers should take are summarized in the table below. Please refer to this when conducting activities. Note that the actions shown in the flowchart are examples, and appropriate responses should be taken according to the actual weather conditions and the circumstances of each school.

### Before Activity

Before Morning or Activity

Check for lightning warnings.

Check weather information. (Lightning Nowcast)

If there is **no warning**  
→ Proceed with the  
Activity.

If there is **a warning**  
→ **Cancel the activity**  
**in principle.**

### During Activity

Continuously monitor the sky.

Dark clouds approach, and the surroundings suddenly become dark.

Thunder is heard or lightning is seen.

A cold wind suddenly blows.

Large raindrops or hail begin to fall.

If **none** of these conditions occur:

If **any** of these conditions occur:

Continue the activity while  
paying attention to the sky.

**Stop the activity immediately.**  
**Evacuate to a safe place.**

### Important Points to Protect Yourself from Lightning:

- Evacuate to a building or a vehicle with a roof.
- Stay at least 4 meters away from trees and utility poles.  
(Since it is dangerous near tall trees, stay at least 2 meters away from all trunks, branches, and leaves of the tree.)
- If there is no place to evacuate nearby, lower your posture.