

●基礎情報

Table showing school counts (小学校数(校), 中学校数(校)) and student counts (小学生数(人), 中学生数(人)) by grade level (1-6 years).

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic performance survey results, including body measurements (身長, 体重), physical fitness (握力, 上体起こし), and athletic ability (50m走, 立ち幅とび).

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, covering sports participation (運動部所属), sports implementation (運動実施状況), and daily exercise time (1日運動時間).

Table of sleep habits survey results, including sleep duration (1日睡眠時間), bedtime (寝る時刻), and sleep quality (寝る時間帯).

Table of TV viewing and mobile device usage survey results, including TV viewing time (テレビ視聴時間) and mobile device usage (携帯等視聴時間).

Table of sports facility usage survey results, showing usage of sports facilities (放課後運動場) and sports clubs (土曜日運動場).

Table of sports participation survey results, detailing participation in sports (土曜日の運動状況) and sports clubs (土曜日の参加).

Table of sports motivation survey results, measuring motivation for sports (運動好き嫌い) and desire for sports (運動得意不得意).

3 学校質問紙調査結果

Table of school questionnaire survey results, covering physical education teacher responses (体力テストの結果) and student responses (児童生徒の回答).

区市町村別調査結果

基礎情報

Table showing school counts (小学校数, 中学校数) and enrollment numbers (1st-6th grade, middle school) for elementary and junior high schools.

1 体格及び体力・運動能力調査結果平均値

Table showing average body and physical fitness data by gender (male/female) and school type (elementary/middle school). Columns include height, weight, grip strength, and other fitness metrics.

2 生活・運動習慣等調査結果

Table showing lifestyle and sports habits survey results, including participation in sports clubs, exercise frequency, and sleep patterns.

Table showing sleep patterns and bedtimes, including average sleep duration and bedtime by grade level.

Table showing TV viewing time, mobile device usage, and sports participation rates across different school grades.

Table showing after-school sports participation, including club activities and weekend sports participation.

Table showing weekend sports participation rates and preferences for various sports activities.

Table showing the percentage of students who enjoy sports and their preferences for different types of sports.

3 学校質問紙調査結果

Table showing results from school questionnaire surveys regarding physical education and sports facilities.

区市町村別調査結果

●基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by grade level (1st to 6th grade).

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic performance survey results, including body measurements (身長, 体重), physical fitness (握力, 上体起こし), and athletic ability (50m走, 立ち幅とび).

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, including sports participation (運動部所属), sports practice (運動実施状況), and daily sports time (1日運動時間).

Table of sleep patterns and bedtimes, including sleep duration (1日睡眠時間), bedtime (寝る時刻), and bedtime duration (寝る時間帯).

Table of TV viewing and mobile phone usage, including TV viewing time (テレビ視聴時間), mobile phone usage (携帯等視聴時間), and sports practice (運動実施).

Table of after-school sports participation, including participation in sports clubs (放課後運動場所), weekend sports (土曜日運動場所), and daily sports (日曜日運動場所).

Table of weekend sports participation and frequency, including weekend sports participation (土曜日の運動状況), weekend frequency (土曜日回数), and daily sports participation (日曜日の運動状況).

Table of sports preferences and enjoyment, including sports preference (運動好き嫌い) and enjoyment of sports (運動を得意に思わない).

3 学校質問紙調査結果

Table of school questionnaire survey results, including physical fitness (体力テストの結果), sports practice (運動習慣確立), and ground materials (グラウンドの材質).

区市町村別調査結果

●基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by grade level (1st to 6th grade) and gender (男, 女).

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic performance metrics including height, weight, grip strength, and aerobic capacity, categorized by gender and school type.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits including sports participation, exercise frequency, and meal habits.

Table of sleep patterns including sleep duration, bedtime, and wake-up time.

Table of screen time and sports equipment usage.

Table of after-school and weekend sports participation.

Table of daily sports participation and frequency.

Table of sports enjoyment and preferences.

3 学校質問紙調査結果

Table of school questionnaire results regarding physical education and sports facilities.

区市町村別調査結果



●基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by grade level (1st to 6th grade) and gender (男, 女).

1 体格及び体力・運動能力調査結果平均値

Table of physical and fitness survey results showing average values for body measurements (身長, 体重), fitness (握力, 50m walk), and overall health scores (総合評価) across different school types and grades.

2 生活・運動習慣等調査結果

Table of lifestyle and exercise habits survey results, including participation in sports clubs (運動部所属), exercise frequency (運動実施状況), and daily exercise time (1日運動時間).

Table of sleep patterns survey results, including sleep duration (1日睡眠時間), bedtime (寝る時刻), and sleep duration by time of day (寝る時間帯).

Table of television viewing and mobile phone usage survey results, including TV viewing time (テレビ視聴時間) and mobile phone usage (携帯等視聴時間).

Table of sports participation survey results, including participation in sports clubs (放課後運動場所) and sports activities (土曜日運動場所).

Table of daily sports participation survey results, including daily sports participation (土曜日の運動状況) and daily sports participation by gender (土曜日の運動状況).

Table of sports participation survey results, including sports participation by gender (運動好き率) and sports participation by gender (運動をもっとしたい).

3 学校質問紙調査結果

Table of school questionnaire survey results, including physical education teacher responses (体力テストの結果) and school equipment responses (グラウンドの材質).

●基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by grade level (1-6 years).

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic performance metrics including height, weight, strength, and endurance for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits including sports participation, exercise frequency, and sleep patterns.

Table of sleep patterns including bedtime, wake-up time, and sleep duration.

Table of screen time and sports facility usage for elementary and middle school students.

Table of sports facility usage including school sports fields and community centers.

Table of sports participation and frequency for elementary and middle school students.

Table of sports preferences and enjoyment for elementary and middle school students.

3 学校質問紙調査結果

Table of school questionnaire results regarding physical education and sports facilities.

区市町村別調査結果

●基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by grade level (1-6 years).

1 体格及び体力・運動能力調査結果平均値

Table of physical fitness and sports ability survey results, including body measurements (身長, 体重), physical fitness (握力, 上体起こし), and sports ability (50m走, 立ち幅とび).

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, including sports participation (運動部所属), sports implementation (運動実施状況), and daily exercise time (1日運動時間).

Table of sleep patterns (睡眠時間, 寝る時刻, 寝る時間帯) by school level and grade.

Table of TV viewing time (テレビ視聴時間), mobile device usage (携帯等視聴時間), and sports participation (運動実施).

Table of after-school activity participation (放課後活動場所), weekend sports participation (土曜日運動場所), and daily sports participation (日曜日運動場所).

Table of weekend sports participation (土曜日の運動状況) and daily sports participation (日曜日の運動状況).

Table of sports preferences (運動好き嫌い) and reasons for not participating (運動をもちたない).

3 学校質問紙調査結果

Table of school questionnaire survey results, including physical fitness test results (体力テストの結果) and reasons for not participating (運動をもちたない).



●基礎情報

Table showing school counts (小学校数(校), 中学校数) and student counts (小学校在籍児童数(人), 中学校在籍生徒数(人)) by grade level (1-6 years).

1 体格及び体力・運動能力調査結果平均値

Table of physical fitness and sports ability survey results, including body measurements (身長, 体重), physical fitness (握力, 上体起こし), and sports ability (50m走, 立ち幅とび).

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, including sports club membership (運動部所属), sports practice status (運動実施状況), and sports time (1日運動時間).

Table of sleep habits survey results, including sleep duration (1日睡眠時間), bedtime (寝る時刻), and wake-up time (寝る時間帯).

Table of TV viewing and mobile phone usage survey results, including TV viewing time (テレビ視聴時間), mobile phone usage (携帯等視聴時間), and sports practice (運動実施).

Table of sports facility usage survey results, including after-school sports (放課後運動場所), weekend sports (土曜日運動場所), and daily sports (日曜日運動場所).

Table of weekend sports participation survey results, including weekend sports status (土曜日の運動状況), weekend sports participation (土曜日の参加), and weekend sports participation rate (土曜日の参加率).

Table of sports participation motivation survey results, including motivation for sports (運動が好きかどうか) and motivation for physical education (体育の授業は楽しいと思うか).

3 学校質問紙調査結果

Table of school questionnaire survey results, including physical education teacher's assessment (目録(指)の設定), physical education teacher's assessment of students (体力テストの結果), and assessment of physical education equipment (グラウンドの材質).

区市町村別調査結果



●基礎情報

Table showing school enrollment statistics for elementary and middle schools, broken down by grade and gender.

1 体格及び体力・運動能力調査結果平均値

Table of physical fitness and sports ability survey results, including body measurements like height, weight, and various physical tests.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habit survey results, covering participation in sports clubs and daily exercise.

Table showing sleep patterns and wake-up times for students, including total sleep time and specific wake-up hours.

Table detailing television viewing and mobile phone usage habits among students.

Table regarding sports participation preferences, including frequency and preferred activities.

Table of sports participation frequency, showing how often students engage in various sports.

Table showing students' preferences for different types of sports and activities.

3 学校質問紙調査結果

Table of school questionnaire survey results, including responses to questions about physical education and school facilities.

区市町村別調査結果

●基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by grade level (1st to 6th grade) for both elementary and middle schools.

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic performance survey results, including metrics like height, weight, grip strength, and aerobic capacity, categorized by gender and school type.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, covering participation in sports, exercise frequency, and sleep patterns.

Table of sleep patterns survey results, including bedtime, wake-up time, and sleep duration.

Table of screen time and sports participation survey results, detailing TV viewing, mobile device use, and various sports activities.

Table of sports participation survey results, focusing on participation in sports clubs and activities.

Table of sports participation survey results, detailing participation in various sports and activities.

Table of sports participation survey results, focusing on participation in sports and activities.

3 学校質問紙調査結果

Table of school questionnaire survey results, including responses to questions about physical education and sports facilities.

●基礎情報

Table showing school enrollment data for elementary and middle schools, categorized by grade and gender.

1 体格及び体力・運動能力調査結果平均値

Table of average physical and athletic performance data, including body measurements and test results for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, covering sports participation, exercise frequency, and sleep patterns.

Table of sleep patterns and wake-up times, including sleep duration and wake-up time by grade and gender.

Table of TV viewing and mobile phone usage, showing average viewing and usage times for elementary and middle school students.

Table of after-school sports participation, showing the number of students participating in sports after school.

Table of weekend sports participation, showing the number of students participating in sports on weekends.

Table of sports participation frequency, showing the frequency of sports participation for elementary and middle school students.

3 学校質問紙調査結果

Table of school questionnaire survey results, including physical education teacher feedback and student responses.

区市町村別調査結果

47 羽村市

●基礎情報

Table showing school counts and student distribution by grade and gender for elementary and middle schools.

1 体格及び体力・運動能力調査結果平均値

Table with physical measurements (height, weight, grip strength, etc.) and fitness scores (A-E) for elementary and middle school students.

2 生活・運動習慣等調査結果

Table detailing daily life habits, sports participation, and meal patterns for elementary and middle school students.

Table showing sleep patterns, including sleep duration and timing, for elementary and middle school students.

Table detailing screen time usage for TV and mobile devices across elementary and middle school grades.

Table showing sports participation and activity patterns, categorized by school type and grade.

Table detailing weekend sports participation and activity levels for elementary and middle school students.

Table showing attitudes towards sports and physical activity, including interest and perceived benefits.

3 学校質問紙調査結果

Table detailing survey results from schools regarding physical education, sports facilities, and teacher/student attitudes.



●基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by grade level (1st to 6th grade) for both genders.

1 体格及び体力・運動能力調査結果平均値

Table of physical and fitness survey results, including body measurements (身長, 体重), strength (握力), and endurance (50m walk, etc.) for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, covering sports participation (運動部所属), exercise frequency (運動実施状況), and daily exercise time (1日運動時間).

Table of sleep patterns (睡眠時間) and bedtimes (寝る時刻), including average sleep duration and frequency of late bedtimes.

Table of TV viewing time (テレビ視聴時間), mobile device usage (携帯等視聴時間), and sports participation (運動実施) details.

Table of sports participation at various venues (放課後運動場所, 土曜日運動場所, 日曜日運動場所).

Table of sports participation frequency (土曜日の運動状況, 日曜日の運動状況) and average weekly exercise time (月曜日から日曜日まで).

Table of sports preferences (運動好き嫌い) and reasons for not participating (運動をしない理由).

3 学校質問紙調査結果

Table of school questionnaire results, including physical education teacher satisfaction (体育教員の結果) and student satisfaction with school grounds (グラウンドの材質).

区市町村別調査結果