

# 第3章

## 区市町村別調査結果

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＜公表基準＞

小中学校共に学校数が3校以上、児童・生徒数が各学年100人以上の両方の条件を満たす区市町村の調査結果を公表



●基礎情報

Table with 2 main columns: 小学校在籍児童数(人) and 中学校在籍生徒数(人). Sub-columns include 1-6 years for elementary and 1-3 years for middle school, with gender breakdown.

1 体格及び体力・運動能力調査結果平均値

Large table showing physical fitness and sports ability survey results. Columns include gender, school type, grade, age, height, weight, BMI, lung capacity, and various physical tests like 50m walk and sit-ups. Includes a summary table for overall scores (A-E).

2 生活・運動習慣等調査結果

Table showing survey results on lifestyle and sports habits. Columns include school type, grade, gender, and categories for sports participation (加入/未加入), sports frequency (毎日/ときどき/ときたま/しない), and daily sports duration (1日運動時間%).

Table showing survey results on sleep and leisure time. Columns include school type, grade, gender, and categories for breakfast habits (朝食の有無%), sleep duration (1日睡眠時間%), and leisure time (予じ時間%).

Table showing detailed sports participation data. Columns include school type, grade, gender, and specific activities like 始業前, 中休み, 放課後, 下校後, etc., with participation counts.

Table showing survey results on leisure and sports locations. Columns include school type, grade, gender, and categories for leisure activities (放課後運動するところ%), sports locations (土曜日の運動状況%), and daily sports locations (日曜日の運動状況%).

Table showing survey results on leisure and sports frequency. Columns include school type, grade, gender, and categories for leisure frequency (土曜日の運動状況%), number of leisure days (土曜日の回数%), average leisure time (土曜日の時間平均%), and frequency of daily sports (日曜日の運動状況%).

Table showing survey results on sports preferences. Columns include school type, grade, gender, and categories for sports interest (運動好きさ%), sports enjoyment (運動得意不得意%), and sports participation (運動をもっとしたい%).

3 学校質問紙調査結果

Table showing survey results on school questionnaire. Columns include school type and various categories related to sports facilities, equipment, and programs.

基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by grade level (1st to 6th).

1 体格及び体力・運動能力調査結果平均値

Table of physical fitness and sports ability survey results, including height, weight, and various physical tests for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, covering sports participation, implementation status, and daily exercise time.

Table of lifestyle and sports habits survey results, covering meal habits, sleep patterns, and leisure time.

Table of lifestyle and sports habits survey results, covering detailed sports participation status and average exercise time.

Table of lifestyle and sports habits survey results, covering sports locations and daily sports activities.

Table of lifestyle and sports habits survey results, covering weekend sports participation and daily sports frequency.

Table of lifestyle and sports habits survey results, covering sports enjoyment and preferences.

3 学校質問紙調査結果

Table of school questionnaire survey results, covering cloud funding, physical education, and sports equipment.

区市町村別調査結果

●基礎情報

Table showing school counts (小学校数, 中学校数) and student numbers (小学生数, 中学生数) by grade level (1st to 6th year).

1 体格及び体力・運動能力調査結果平均値

Table of physical characteristics and fitness data, including height, weight, lung capacity, and various physical fitness tests for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and exercise habits, including participation in sports clubs, frequency of exercise, and daily exercise duration.

Table of eating habits and sleep patterns, including breakfast consumption, daily sleep duration, and TV watching time.

Table of exercise implementation details, including frequency of exercise, location, and duration of exercise sessions.

Table of exercise locations and frequency, detailing where students exercise and how often.

Table of exercise frequency and duration, showing how often and for how long students exercise.

Table of exercise preferences and enjoyment, including interest in exercise, perceived difficulty, and desire to continue.

3 学校質問紙調査結果

Table of school questionnaire results, covering school facilities, teacher training, and specific measures for physical education.

区市町村別調査結果



●基礎情報

Table showing school counts and student numbers for elementary and middle schools across different grades.

1 体格及び体力・運動能力調査結果平均値

Table showing average physical and athletic performance data for elementary and middle school students, including height, weight, and various athletic tests.

2 生活・運動習慣等調査結果

Table showing survey results on daily life and exercise habits, including frequency of exercise and time spent on activities.

Table showing survey results on sleep patterns and television viewing habits for elementary and middle school students.

Table showing detailed survey results on exercise implementation, including frequency and duration of physical activity.

Table showing survey results on exercise locations, including where students exercise after school and on weekends.

Table showing survey results on exercise frequency and duration, including how often and for how long students exercise.

Table showing survey results on exercise preferences and enjoyment, including what types of activities students like and enjoy.

3 学校質問紙調査結果

Table showing survey results on school facilities and programs, including playground equipment and physical education activities.

●基礎情報

Table showing school counts (schools, students) for elementary and middle schools across grades 1-6.

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic ability survey results, including height, weight, and fitness scores for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, including sports club membership and daily exercise time.

Table of lifestyle and sports habits survey results, including breakfast habits and sleep patterns.

Table of sports habits survey results, including frequency of sports and types of activities.

Table of sports habits survey results, including locations for sports and types of activities.

Table of sports habits survey results, including frequency of sports and types of activities.

Table of sports habits survey results, including frequency of sports and types of activities.

3 学校質問紙調査結果

Table of school questionnaire survey results, including ground materials and sports equipment.



●基礎情報

Table showing school counts by grade level (1st to 6th grade for elementary, 1st to 3rd grade for middle) and gender.

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic performance averages, including height, weight, and various physical tests for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits, including participation in sports clubs and frequency of exercise.

Table of sleep and TV viewing habits, including average sleep duration and TV watching time.

Table of detailed sports participation, including frequency and duration of various activities.

Table of sports locations, detailing where students participate in sports activities.

Table of weekend sports participation, including frequency and duration of weekend activities.

Table of sports preferences, including favorite sports and reasons for participating.

3 学校質問紙調査結果

Table of school questionnaire results, covering school grounds, physical education, and sports facilities.

区市町村別調査結果

基礎情報

Table showing the number of students in elementary and middle schools, categorized by grade level (1st to 6th grade).

1 体格及び体力・運動能力調査結果平均値

Large table detailing physical characteristics and athletic ability survey results, including columns for sex, school level, grade, height, weight, and various fitness tests.

2 生活・運動習慣等調査結果

Table showing survey results on daily activities and sports habits, including participation rates and frequency of sports.

Table showing survey results on sleep patterns and screen time, including average sleep duration and time spent on devices.

Table showing detailed survey results on sports participation, including frequency and duration of different activities.

Table showing survey results on sports participation locations, categorized by gender and school level.

Table showing survey results on sports frequency and participation rates, including data on regular and occasional participants.

Table showing survey results on sports preferences and reasons for participation, including favorite sports and barriers to activity.

3 学校質問紙調査結果

Table showing school questionnaire survey results, including information on facility materials, physical education curriculum, and sports activities.