

●基礎情報

Table showing school counts and student numbers by grade level (1st to 6th) for elementary and middle schools.

1 体格及び体力・運動能力調査結果平均値

Table of average physical and athletic performance data, including height, weight, and various physical tests for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of survey results on living and sports habits, including frequency of exercise and daily activity time.

Table of survey results on breakfast habits, sleep patterns, and TV watching time.

Table of survey results on sports participation, including frequency and duration of activities.

Table of survey results on sports locations, categorized by gender and school level.

Table of survey results on sports frequency and duration, including weekly participation and time spent.

Table of survey results on sports preferences, including enjoyment and desire to participate.

3 学校質問紙調査結果

Table of school questionnaire survey results, covering ground materials, physical education, and sports equipment.

区市町村別調査結果



●基礎情報

Table showing school counts and student numbers by grade level (1st to 6th grade) for elementary and middle schools.

1 体格及び体力・運動能力調査結果平均値

Table showing average physical and athletic ability survey results, including height, weight, and various physical fitness tests.

2 生活・運動習慣等調査結果

Table showing survey results on living and exercise habits, including sports participation and daily exercise time.

Table showing survey results on eating habits and sleep patterns, including breakfast consumption and sleep duration.

Table showing detailed survey results on exercise habits, including frequency and duration of physical activity.

Table showing survey results on leisure activities and sports participation during school hours.

Table showing survey results on weekend exercise habits, including frequency and duration of activity.

Table showing survey results on exercise preferences and enjoyment, including reasons for participating or not.

3 学校質問紙調査結果

Table showing survey results on school-related questions, including extracurricular activities and school environment.

●基礎情報

Table showing school counts and student numbers by grade level (1st to 6th) for elementary and middle schools.

1 体格及び体力・運動能力調査結果平均値

Table of average physical and athletic performance data, including height, weight, and various physical tests for both male and female students across different grades.

2 生活・運動習慣等調査結果

Table detailing daily exercise habits, including frequency and duration of physical activity for elementary and middle school students.

Table showing breakfast consumption and television watching habits among students, categorized by gender and grade level.

Table providing a detailed breakdown of sports participation, including specific activities and frequency, for both elementary and middle schools.

Table detailing the locations where students engage in sports, such as school grounds, parks, and community centers.

Table showing the frequency of sports participation and the number of days spent exercising, along with the duration of each session.

Table assessing students' attitudes towards sports, including their interest levels and reasons for participating or not.

3 学校質問紙調査結果

Table summarizing the results of school questionnaires, covering topics like playground equipment, physical education programs, and sports facilities.

●基礎情報

Table showing school counts (schools, elementary, middle) and student enrollment numbers by grade and gender.

1 体格及び体力・運動能力調査結果平均値

Table of average physical and athletic ability survey results, including height, weight, and various physical performance metrics for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habit survey results, detailing participation rates and frequency of sports activities.

Table showing breakfast consumption and sleep patterns, including frequency and duration of meals and sleep.

Table detailing sports participation statistics, including frequency and duration of activities for elementary and middle school students.

Table showing sports participation locations, categorized by gender and activity type.

Table detailing sports participation frequency, including weekly frequency and duration of activities.

Table showing sports participation preferences, including interest levels and reasons for participation.

3 学校質問紙調査結果

Table of school questionnaire survey results, covering school grounds, physical education, and sports equipment.

●基礎情報

Table showing school counts (schools, students) by grade level (1st to 6th grade elementary, 1st to 3rd grade middle school).

1 体格及び体力・運動能力調査結果平均値

Table of average physical and fitness data by gender and grade level, including height, weight, lung capacity, and various physical tests.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits, including participation in sports, frequency of exercise, and daily activity duration.

Table of sleep and television viewing habits, including sleep duration and TV watching time by gender and grade.

Table of sports participation details, including frequency and duration of various sports activities.

Table of sports participation locations, detailing where students engage in sports after school and on weekends.

Table of weekend sports participation statistics, including frequency and duration of weekend activities.

Table of sports enjoyment levels, assessing how much students enjoy different types of sports.

3 学校質問紙調査結果

Table of school questionnaire results, covering school facilities, physical education programs, and extracurricular activities.

●基礎情報

Table showing school counts (小学校数, 中学校数) and student numbers (小学生数, 中学生数) by grade level (1st to 6th year).

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic ability survey results, including body height, weight, and various physical tests for both male and female students across different grades.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, detailing daily exercise frequency and duration for male and female students.

Table of lifestyle and sports habits survey results, detailing breakfast consumption and sleep patterns for male and female students.

Table of lifestyle and sports habits survey results, detailing average exercise time and specific activity details for male and female students.

Table of lifestyle and sports habits survey results, detailing where students exercise (e.g., school, home, outdoors) for male and female students.

Table of lifestyle and sports habits survey results, detailing the frequency and duration of daily exercise for male and female students.

Table of lifestyle and sports habits survey results, detailing students' preferences for sports and their interest in participating in sports.

3 学校質問紙調査結果

Table of school questionnaire survey results, detailing the status of various sports facilities and programs across different schools.

●基礎情報

Table showing school counts (schools, elementary, middle) and student counts by grade and gender.

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic ability survey results, including height, weight, and various physical tests.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, including sports participation and daily exercise time.

Table of eating habits and sleep patterns, including breakfast frequency and sleep duration.

Table of sports participation details, including frequency and duration of various activities.

Table of sports participation locations, including school, home, and community centers.

Table of sports participation frequency and duration, including weekly and daily participation rates.

Table of sports participation motivation and enjoyment, including reasons for participating and satisfaction levels.

3 学校質問紙調査結果

Table of school questionnaire survey results, including information on school grounds and physical education programs.



●基礎情報

Table showing school counts (schools, elementary schools, middle schools) and student counts (elementary school children, middle school students) by grade and gender.

1 体格及び体力・運動能力調査結果平均値

Table of average physical and athletic ability survey results, including body measurements (height, weight, BMI) and athletic performance (50m run, standing long jump, etc.) by gender and grade.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, including sports participation rates, frequency of sports, and daily exercise time by gender and grade.

Table of breakfast consumption and sleep patterns, including breakfast intake rates and sleep duration by gender and grade.

Table of sports participation details, including frequency of sports, duration of sports, and average sports time by gender and grade.

Table of sports participation locations, including frequency of sports at various locations (school, home, outdoors, etc.) by gender and grade.

Table of weekend sports participation, including frequency of sports on weekends and average sports time by gender and grade.

Table of sports participation satisfaction, including satisfaction levels with sports participation by gender and grade.

3 学校質問紙調査結果

Table of school questionnaire survey results, including school facilities, physical education curriculum, and sports equipment by school type.

●基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by grade level (1-6 years).

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic performance metrics (体格, 体力) by gender and grade level, including height, weight, and various physical tests.

2 生活・運動習慣等調査結果

Table of lifestyle and exercise habits (運動部所属, 運動実施状況, 1日運動時間) by gender and grade level.

Table of eating habits (朝食の有無) and sleep patterns (1日睡眠時間) by gender and grade level.

Table of detailed exercise status (運動実施状況詳細) and average exercise time (運動時間平均) by gender and grade level.

Table of exercise locations (放課後運動するところ, 土曜日運動するところ, 日曜日運動するところ) by gender and grade level.

Table of exercise frequency (土曜日の運動状況, 土曜日回数, 土曜日の運動時間平均, 日曜日の運動状況, 日曜日回数) by gender and grade level.

Table of exercise preferences (運動好き嫌い, 運動得意不得意, 運動をもっとしたい) by gender and grade level.

3 学校質問紙調査結果

Table of school questionnaire results (グラウンドの材質, 体力向上に係る取組, etc.) by school type.

区市町村別調査結果