

●基礎情報

Table showing school counts (学校数) and student counts in elementary schools (小学校) and middle schools (中学校) for various years (1st to 6th grade).

1 体格及び体力・運動能力調査結果平均値

Large table showing average physical and athletic ability survey results. Columns include sex (性別), school type (校種), grade (学年), age (年齢), height (身長), weight (体重), BMI (BMI), and various athletic performance metrics like 50m run, vertical jump, etc.

2 生活・運動習慣等調査結果

Table showing lifestyle and sports habits survey results. Columns include school type (校種), grade (学年), gender (性別), and participation rates in various sports activities.

Table showing breakfast consumption (朝食の有無) and sleep patterns (1日睡眠時間) by school type and grade.

Table showing detailed sports participation statistics (運動実施状況詳細) categorized by school type, grade, gender, and activity type.

Table showing locations where students engage in sports (放課後運動するところ) categorized by school type, grade, gender, and location type.

Table showing frequency of sports participation (土曜日の運動状況) categorized by school type, grade, gender, and frequency.

Table showing sports preferences (運動好き嫌い) and attitudes (運動得意不得意) categorized by school type, grade, gender, and preference level.

3 学校質問紙調査結果

Table showing results from school questionnaires regarding facilities, teacher training, and sports promotion activities.

区市町村別調査結果



●基礎情報

Table showing school counts (schools, students) for elementary and middle schools across grades 1-6, categorized by gender.

1 体格及び体力・運動能力調査結果平均値

Table showing average physical and athletic ability survey results, including height, weight, BMI, and various physical fitness tests (50m walk, etc.) for elementary and middle schools.

2 生活・運動習慣等調査結果

Table showing survey results on lifestyle and exercise habits, including school membership, exercise frequency, and daily exercise time.

Table showing survey results on breakfast habits, sleep patterns, and TV viewing time.

Table showing survey results on exercise status, including frequency, duration, and intensity of physical activity.

Table showing survey results on exercise locations, including school, home, and public spaces.

Table showing survey results on exercise frequency and duration, including weekly exercise days and time spent exercising.

Table showing survey results on exercise preferences and enjoyment, including favorite exercises and reasons for exercising.

3 学校質問紙調査結果

Table showing school questionnaire survey results, including playground materials, physical education classes, and school sports activities.

区市町村別調査結果



●基礎情報

Table with 4 columns: 学校数(校), 小学校在籍児童数(人), 中学校在籍生徒数(人). Rows for elementary and middle schools.

1 体格及び体力・運動能力調査結果平均値

Table showing physical and athletic ability survey results. Columns include gender, school type, grade, and various physical metrics like height, weight, and endurance.

2 生活・運動習慣等調査結果

Table showing lifestyle and sports habits survey results. Columns include school type, grade, and categories like sports participation and daily exercise time.

Table showing breakfast habits and sleep patterns. Columns include school type, grade, and categories like breakfast consumption and sleep duration.

Table showing detailed sports participation and average exercise time. Columns include school type, grade, and specific sports activities.

Table showing locations for sports activities. Columns include school type, grade, and categories like sports field and outdoor areas.

Table showing weekend sports participation and frequency. Columns include school type, grade, and categories like weekend sports and frequency of exercise.

Table showing sports preferences and enjoyment. Columns include school type, grade, and categories like sports preference and enjoyment levels.

3 学校質問紙調査結果

Table showing school questionnaire survey results. Columns include school type and various categories related to sports equipment and facilities.



●基礎情報

Table showing school counts and student numbers by grade level (1st to 6th year) for elementary and middle schools.

1 体格及び体力・運動能力調査結果平均値

Large table detailing physical characteristics (height, weight, etc.) and physical fitness test results (50m dash, etc.) for elementary and middle school students.

2 生活・運動習慣等調査結果

Table showing survey results on living and sports habits, including participation in sports and daily exercise time.

Table showing survey results on eating habits, sleep patterns, and television viewing time.

Table showing survey results on sports participation frequency and duration.

Table showing survey results on where students play sports after school and on weekends.

Table showing survey results on the frequency of sports participation and the number of sports days.

Table showing survey results on students' preferences for sports and their reasons for participating or not.

3 学校質問紙調査結果

Table showing survey results from schools regarding playground equipment, physical education, and sports promotion.

区市町村別調査結果



●基礎情報

Table showing school counts (小学校数) and student counts (児童数) for elementary and middle schools across various grades (1st to 6th).

1 体格及び体力・運動能力調査結果平均値

Table of average physical and athletic ability survey results, including body measurements (height, weight, BMI) and physical fitness tests (50m run, sit-ups, etc.) for elementary and middle schools.

2 生活・運動習慣等調査結果

Table of survey results on living and sports habits, including sports participation rates, frequency of sports activities, and daily exercise durations.

Table of survey results on eating habits and sleep patterns, including breakfast consumption rates and sleep duration statistics.

Table of survey results on sports activities, detailing participation rates and average durations for various sports.

Table of survey results on sports locations, showing where students engage in sports activities (school, home, outdoors, etc.).

Table of survey results on sports frequency and duration, including the number of days and hours spent on sports.

Table of survey results on sports motivation, assessing students' interest and reasons for participating in sports.

3 学校質問紙調査結果

Table of school questionnaire survey results, covering school grounds, physical education equipment, and sports facilities.



●基礎情報

Table showing school counts (小学校数, 中学校数) and student counts (小学生数, 中学生数) by grade level (1st to 6th grade).

1 体格及び体力・運動能力調査結果平均値

Table of average physical and athletic performance data, including height, weight, and various physical tests (50m walk, etc.) for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits, including participation in sports clubs and frequency of exercise.

Table of sleep and TV viewing habits, including average sleep duration and TV watching time.

Table of sports participation details, including frequency and duration of sports activities.

Table of sports participation locations, including frequency of sports at school and other locations.

Table of sports participation frequency and duration, including average frequency and duration of sports.

Table of sports preferences, including interest in various sports and reasons for participation.

3 学校質問紙調査結果

Table of school questionnaire results, including information on school facilities and sports programs.

区市町村別調査結果



●基礎情報

Table with 2 main sections: '小学校在籍児童数(人)' and '中学校在籍生徒数(人)'. It lists student counts by school level (1st to 6th grade) and gender (male/female).

1 体格及び体力・運動能力調査結果平均値

Table showing average values for physical fitness and sports ability. Columns include sex, school type, grade, age, height, weight, BMI, and various physical performance metrics like grip strength and endurance.

2 生活・運動習慣等調査結果

Table detailing lifestyle and sports habits. It covers participation in sports clubs, frequency of exercise, and daily exercise duration for both male and female students.

Table showing eating habits and sleep patterns. It includes data on breakfast consumption, daily sleep hours, and screen time usage.

Table providing a detailed breakdown of sports participation. It lists specific sports activities and the number of students participating in each.

Table detailing sports locations. It categorizes where students exercise, such as at school, in parks, or at home.

Table showing sports frequency and duration. It tracks how often and for how long students engage in sports activities.

Table regarding sports preferences. It asks students to rate their interest in various sports and their desire to participate.

3 学校質問紙調査結果

Table summarizing school questionnaire results. It covers school grounds, physical education programs, and specific sports equipment.



●基礎情報

Table showing school counts (schools, elementary school children, middle school students) by grade level (1st to 6th).

1 体格及び体力・運動能力調査結果平均値

Table of physical fitness survey results showing average values for body height, weight, and various physical tests across different grades and genders.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, including participation in sports clubs and frequency of exercise.

Table of lifestyle and sports habits survey results, including breakfast habits and sleep patterns.

Table of lifestyle and sports habits survey results, including details of sports participation and average exercise time.

Table of lifestyle and sports habits survey results, including locations for sports and daily exercise.

Table of lifestyle and sports habits survey results, including frequency of sports and daily exercise.

Table of lifestyle and sports habits survey results, including interest in sports and desire to participate.

3 学校質問紙調査結果

Table of school questionnaire survey results regarding school facilities, physical education, and sports activities.

区市町村別調査結果



●基礎情報

Table showing school counts (schools, elementary, middle) and student counts by grade and gender for elementary and middle schools.

1 体格及び体力・運動能力調査結果平均値

Table of physical and athletic performance averages, including body height, weight, lung capacity, and various physical tests for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits, including sports participation rates and daily exercise time for elementary and middle school students.

Table of breakfast consumption and sleep patterns, including rates of eating breakfast and average sleep hours for elementary and middle school students.

Table of sports participation details, including frequency of sports and average duration of sports activities for elementary and middle school students.

Table of sports locations, including participation rates in sports at school, home, and other locations for elementary and middle school students.

Table of sports frequency and duration, including the number of days and hours spent on sports for elementary and middle school students.

Table of sports preferences, including interest levels in various sports and reasons for participating or not participating for elementary and middle school students.

3 学校質問紙調査結果

Table of school questionnaire results, including information on school grounds, physical education programs, and specific sports activities for elementary and middle schools.

区市町村別調査結果



●基礎情報

Table showing school counts (schools, students) and enrollment numbers for elementary and middle schools across grades 1 to 6.

1 体格及び体力・運動能力調査結果平均値

Table of physical and fitness survey results, including body measurements (height, weight, BMI) and fitness test scores (50m walk, sit-ups, etc.) for elementary and middle school students.

2 生活・運動習慣等調査結果

Table of lifestyle and sports habits survey results, including participation in sports clubs, frequency of sports activities, and daily exercise duration.

Table of lifestyle and sports habits survey results, including sleep patterns (bedtime, sleep duration) and television viewing habits.

Table of lifestyle and sports habits survey results, detailing specific sports activities and their frequency for elementary and middle school students.

Table of lifestyle and sports habits survey results, focusing on where students engage in sports activities and their frequency.

Table of lifestyle and sports habits survey results, detailing the frequency of sports activities and the number of days spent exercising.

Table of lifestyle and sports habits survey results, focusing on students' attitudes towards sports and their perceived benefits.

3 学校質問紙調査結果

Table of school questionnaire survey results, including information on school grounds, physical education programs, and sports equipment.